

Unitarian Universalist Fellowship of Corvallis

UUFC
2945 NW Circle Blvd
Corvallis, OR 97330
www.uucorvallis.org
541-752-5218



Weekly Announcements

Sunday, Mar 8 – Saturday, Mar 14

Sunday Worship

Two Services: 9:30 & 11 AM

Daylight Savings: Don't forget to spring forward!

“What We Don't See” Rev. Jill McAllister
What are some of the habits, of heart and of mind, that hinder us from truly living in right relations?

Childcare for infants and toddlers is available at both services RE Sessions for older children and youth are offered at 11 AM.

The justice/outreach offerings and after-service refreshment donations on March Sundays support the Unitarian Universalist Service Committee, which provides disaster relief and advances human rights around the world. Your contributions are appreciated.

The Week Ahead

Monday, Mar 9	UUFC Board Meeting	7:00 PM Room 7
Tuesday, March 10	Living with Chronic Health Problems	11:00 AM Room 7
Wednesday, Mar 11	The Work of Byron Katie <i>All are welcome to join this facilitated discussion.</i>	11:00 AM Room 10
	Women's Lunch Bunch	1:00 PM N. Coop
	Weekly Potluck <i>Bring a dish to share</i>	6:00 PM SH/K
Thursday, Mar 12	Transgender Support Group	7:00 PM Room 7
Friday, Mar 13	Insight Meditation <i>A simple yet profound practice originally taught by the Buddha. No experience needed. Contact Mary Leigh Burke: maryleigh.burke@gmail.com</i>	10:15 AM Room 7
	Kirtan Meditation	7:00 PM Room 7
	Quiet-in-the-heart: UUFC-CZC Meditation Retreat	7:00 PM SFH
Saturday, Mar 14	Quiet-in-the-heart: UUFC-CZC Meditation Retreat	8:00 AM SFH
	Men's Monthly Gathering	9:30 AM Room 7
	Dance Planet!	7:30 PM SFH

Happening Soon

Theology on Tap: Thursday, March 12th at 7:00 PM. If you enjoy engaging in meaningful conversation about spirituality and belief while sipping on a nice cup of coffee or a pint of beer, then Theology on Tap is for you! We'll meet

Other Sunday Events

~ Refreshments in the Social Hall after each service. All are invited! Introduce yourself to someone you don't know.

~ The Climate Action Team has a display in the Social Hall at which you can help to offset the UUFC carbon footprint (see page 2 for more information).

~ Post-Sermon Discussion, 12:30 PM, Gallery

~ UU the Vote meeting, 12:30 PM, Room 9

~ 12:30 Orientation for Fellowship Care and Support Team

together and enjoy some informal discussion over coffee/tea or beer. For our next gathering, we'll be sharing our thoughts and experiences of wonder, awe, and mystery. We'll ponder different possibilities about beliefs, and we will ask ourselves what connects us to a sense of something greater. Where: Old World Deli (341 SW 2nd St). Contact: Israel Buffardi.

Quiet in the Heart: Living in Alignment: A joint meditation retreat of the Corvallis Zen Center and UUFC - Friday evening and Saturday, **March 13 and March 14**. All are welcome to join in this shared retreat focusing on practice to help align us with our highest values in these challenging times. Beginning Friday evening, 7 – 9 PM and continuing Saturday from 9 AM– 4 PM, the 10-hour program will include meditation (seated and walking), teaching, journaling, shared silence, and discussion. Led by Mushin Abby Terris and Rev. Jill McAllister. Sign up on the sheet in the foyer.

Living with Chronic Health Problems: A gathering to share support, information, and discuss coping strategies, resources, options. The next meeting is Tuesday, March 10 at 11:00 AM. Questions, e-mail Jill McAllister: minister@uucorvallis.org

Emma's Revolution in Concert at UUFC, Saturday, March 28, 7:30 PM. Well-known and well-loved UU singer/songwriters Pat Humphreys and Sandy O will perform live at the Fellowship. Tickets \$18 advance / \$22 at the door. Tickets on sale at the Fellowship beginning Sunday, March 8.

Living With Depression, Yours or Someone Else's: One final session is scheduled: Monday, March 30, 7-8 PM.

Our Place in the Web of Life - Environmental Justice & Spirituality Course: We are offering this 5-session course on environmental justice and spirituality. Through film, music, participatory research, visual mapping, ethical reflection, meditation, and ritual, we'll engage with where we are located in the web, as well as who is "upstream" and "downstream" from us—the consequences of our actions on other people and ecosystems—and what it really takes to embrace interconnectedness. **Schedule includes 5 sessions:** March 30, April 6, April 20, April 27, May 11 from 7 - 9PM. Facilitated by Rev. Israel Buffardi. Contact: assistantminister@uucorvallis.org

"Think Resilience" Course: April 5 – May 17 at UUFC: Concerned about the future of your community with the climate crisis underway? Unsure how to respond effectively? Learning about resilience can help you to make a difference. The Resilience Action Group, part of the UUFC Climate Action Team, invites you to participate in Think Resilience, a seven-week course developed by the Post Carbon Institute (PCI). Each week we'll view themed videos and have a reflective discussion. Lynn Scott will facilitate. The course will take place on Sundays, from April 5 to May 17, 9:30 to 10:30 AM, in Room 7. For more information, and to register, contact Lynn Scott: lynnscottoregon@gmail.com or 541-908-8178.

UUFC Immigrant & Refugee Support Team invites YOU to *Building Bridges - Neighbor to Neighbor Conference about Immigration:* The conference will be held in Albany Friday evening, April 24, and all day Saturday, April 25. There is no cost to register and attend. Conference information is included in the on-line registration form **here** (https://docs.google.com/forms/d/e/1FAIpQLSdyOIpAL4O_yGfBAvVQo098W8E25BsSW5b3UcdlRtYfMIKOA/viewform). There will be a variety of speakers sharing their stories and helping all of us learn what we can do to make our communities safe and welcoming to all. (We will be sharing our process for becoming a Sanctuary Church at one of the break-out sessions). Come learn more, and meet others from many different faiths who, like you, care about building bridges - neighbor to neighbor. Please register by March 18. Questions? Contact Melinda Sayavedra at sayavedl@peak.org.

Fellowship Connections

Update on coronavirus and the Fellowship: Up-to-date information was posted on the UUFC website, and on UUAnnounce, on March 5. Thanks to all who keep sharing information with us as we work to stay aware of developments.

UUFC Room Reservation Requests – New Process! Please send all new UUFC room reservation requests to roomreservations@uucorvallis.org. Room reservation requests are processed on Mondays and Wednesdays.

Questions for UUFC staff on Sundays: Unless it's a time-sensitive or urgent request, please reserve asking your general Fellowship questions for days other than Sundays. Staff involved in Sunday programs must give their attention to those programs. Administrative staff can be easily reached via email for answers to questions, or during office hours if it is an administrative question. Thanks for your understanding.

Help Offset UUFC Carbon Emissions: For the next several Sundays, the Climate Action Team will have a display in the Social Hall at which you can help to offset the UUFC carbon footprint. Exhibited on the display are 32 cards, each representing \$60 of offset. Donors may contribute \$60, or any amount they like in multiples of \$5. Our goal is to remove all cards, thereby offsetting all of our 2019 emissions. Donations may be paid by cash or check (made out to UUFC, with

“offset” on the memo line). If the 2019 offset is reached soon, we may start working on 2018. Please stop by the display before or after Sunday service.

Corvallis Interfaith Vegetarian Potluck Supper on Sunday, March 15: 5:30 PM, Beit Am Synagogue. All are invited.

UUFC Annual Pledge Drive Begins April 3, 2020

Each spring the UUFC asks all members and friends to make a promise of financial support (a pledge) for the coming fiscal year (July 1 to June 30). The Annual Pledge Drive provides the funds that make the life of our Fellowship possible. Finances are very important during the Annual Pledge Drive, and at the same time our larger goal is to give everyone an opportunity to reconnect with the Fellowship and to reflect on: what brings you here, what keeps you coming back, our personal and spiritual commitments to each other and to our world, and the fact that giving can be a spiritual practice.

A pledge is a promise to donate a certain amount of money to the Fellowship during the fiscal year. It is a statement of intent. It is not a legally binding obligation. While pledging is not required for membership, to participate in the pledge drive is one of the responsibilities of membership. We depend upon your pledges for the continued health and well-being of our Fellowship. In the next few weeks, all are invited to consider reviewing and renewing your commitment to the Fellowship and its mission, as we prepare to enter into the season of stewardship and the pledge drive.

Upcoming Sundays

March 15 9:30 and 11 AM Rev. Jill McAllister
March 22 9:30 and 11 AM Rev. Leslie Chartier
March 29 9:30 and 11 AM Revs. Jill McAllister and Israel Buffardi

Fellowship Care and Support Team listeners are available on Sundays for anyone looking for support. Ask at the welcome desk in the foyer.

Contact Us

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Office Hours
Monday & Wednesday 10 AM – 2 PM
Tuesday & Thursday 8 AM – 12 PM

***The UUFC Office is closed on all federal holidays**