

Unitarian Universalist Fellowship of Corvallis

UUFC
2945 NW Circle Blvd
Corvallis, OR 97330
www.uucorvallis.org
541-752-5218



Weekly Announcements

Sunday, Feb 9 – Saturday, Feb 15

Sunday Worship

Two Services at 9:30 & 11 AM

“Try this, go here, change sides” Rev. Jill McAllister

The Dalai Llama has said that “every change of mind is first a change of heart.” How do we become more ethical in our lives and relationships? At the very least, by practicing being more ethical. Some wisdom from world traditions to help encourage us to grow into change. *We’ll also honor Rev. Israel Buffardi’s ordination to the ministry.*

Childcare for infants and toddlers is available at both services RE Sessions for older children and youth are offered at 11 AM.

The justice/outreach offerings and after-service refreshment donations on February Sundays support We Care, a local interfaith network which provides emergency aid for families and individuals. Your contributions are appreciated.

Other Sunday Events

~ Refreshments in the Social Hall after each service. All are invited! Introduce yourself to someone you don’t know.

~Join us during the coffee hours for cake, in celebration of Rev. Israel Buffardi’s ordination last weekend.

~Library Team Meeting, 12:00 PM, LIB

~Post-Sermon Discussion, 12:30 PM, GAL (back of Sanctuary).

The Week Ahead

Monday, Feb 10	UUFC Board Meeting	7:00 PM Room 7
Wednesday, Feb 12	The Work of Byron Katie <i>All are welcome to join this facilitated discussion.</i>	11:00 AM Room 10
	Women’s Lunch Bunch	1:00 PM N. Coop
	Interfaith Immigrant Support	5:30 PM Room 7
	Weekly Potluck <i>Bring a dish to share</i>	6:00 PM SH/K
Thursday, Feb. 13	Transgender Support Group	7:00 PM Room 7
Friday, Feb 14	Insight Meditation <i>A simple yet profound practice originally taught by the Buddha. No experience needed. Contact Mary Leigh Burke: maryleigh.burke@gmail.com</i>	10:15 AM Room 7
	New World Kirtan Band	7:00 PM SFH

Happening Soon

Our Whole Lives (OWL) for grades K-1: Registration is still open for Our Whole Lives (OWL), sexuality education program for our kindergarten-first grade group. Registration numbers for K-1 OWL are currently low, and we will need more participants to register in order to be able to offer the program this spring. If you are interested in registering your child, please contact Rev. Israel Buffardi, Assistant Minister for Religious Exploration: assistantminister@uucorvallis.org.

The Adult Religious Exploration Team will be hosting a series of Elders Circle discussion groups: The Elders Circle is for anyone who identifies as an elder and would like to join in some meaningful discussions with others about living fully and seeking connection in elderhood. The first discussion circle will be held on Tuesday, February 18, from 10-11:30 AM, in the social hall. The topic for the first discussion will focus on the importance of community and connection in elderhood. Contact Israel Buffardi, assistantminister@uucorvallis.org.

Reserve your spot now for the Russian Dinner Fundraiser (now being held at the Fellowship): A reminder that the Russian Dinner Fundraiser on Feb. 22 at 5:00 PM still has plenty of seats available. The donation is \$20.00 per person and if you need to write a check, please make it payable to UUFC. We will be cooking and serving in the Social Hall at the Fellowship. Ernest Cardona will have a table set up in the foyer this coming Sunday and the next week, too, so you are welcome to stop by to say hello and reserve your spot in person (or cardonalaw3@gmail.com / 541-753-0423).

Coalition Building Workshop with Linda Jamarillo: Saturday, March 8, 9 AM - 1:30 PM. For leaders of **Justice Action Teams** and their guests. Ann Pemberton (annpmbtrn126@gmail.com) or Larry Roper (larry.roper@oregonstate.edu)

Quiet in the Heart: Living in Alignment - A joint retreat – Corvallis Zen Center and UUFC, Friday evening and Saturday, **March 13 and March 14**. All are welcome to join in this shared retreat focusing on practice to help align us with our highest values in these challenging times. Beginning Friday evening, and continuing Saturday, the 10-hour program will include meditation (seated and walking), teaching, journaling, shared silence, and discussion. A children's practice may be included. Led by Mushin Abby Terris and Rev. Jill McAllister. Registration information coming this week.

Resources for learning during Black History Month: Ibram X. Kendi is the director of the Antiracist Research and Policy Center at American University in Washington DC, and the author of the recently published "How To Be An Antiracist," plus much more. He offers a reading list for all who are able and willing to learn. Here are a few of his suggestions:

~How To Be An Antiracist *Ibram X Kendi*

~Fatal Invention *Dorothy Roberts*

~The Condemnation of Blackness *Kahlil Gibran Muhammad*

~The Negro Artist and the Racial Mountain *Langston Hughes*

~Dying of Whiteness *Jonathan M Metzger*

~West Indian Immigrants *Suzanne Modat*

Living With Depression, Yours or Someone Else's. All who are interested in this informal meeting for sharing and support are welcome. Final meeting is Monday, Feb. 17 (7 PM).

Fellowship Connections

UUFC Room Reservation Requests – New Process! Please send all new UUFC room reservation requests to roomreservations@uucorvallis.org. Room reservation requests are processed on Mondays and Wednesdays.

UUFC Directories

~InstantChurchDirectory.com is always available (online or download the app). This online directory is the most recent, up-to-date directory we have available. You can even submit a photo if you'd like. Sign up using your email and a password that you create.

~Paper directories: With nearly 400 members and friends, this is a large, resource-intensive directory, so we only print them a couple of times each year.

~Coming soon! Photo Directory: The large undertaking of coordinating with Lifetouch to create a Photo Directory is nearly complete. A huge thank you to Wendy Sutton for her hours of volunteer work to make this happen, and for everyone who had their photos taken for it in November. Stay tuned for an announcement of when these photo directories will be available.

Thank-You! Thank-you! Thank you to Louise Ferrell, Russ Karow, Darius Adams, and Herky Gottfried for helping staff get Annual Contribution statements and Capital Campaign letters signed, stuffed, and in the mail. (You can thank others in the Fellowship by posting thank-you notes on the bulletin board in the foyer.)

Upcoming Sundays

Feb. 16 9:30 and 11 AM Rev. Jill McAllister

Feb. 23 9:30 and 11 AM Rev. Israel Buffardi

Mar. 1 9:30 and 11 AM Rev. Jill McAllister

Words For Reflection

Try this, go here, change sides, move outside your comfort zone, make some new contacts, let go of your usual role and attractive self image, walk instead of drive, make a friend from another race or class, visit not as a tourist but in the neighborhoods, go to the jail or to the border, attend another church for a while, etc. etc. etc. Then we can live ourselves into new ways of thinking, which then seem so called for that we wonder how we could have ever thought in any other way! Before new experience, new thinking is difficult and dangerous. Afterwards, the new thinking is natural and even necessary.

Richard Rohr, Center for Action and Contemplation

Pledge Reports and Updates

Statements of annual giving (pledges) are were mailed last weekend. Thank you to all who make pledges of financial support to the Fellowship – we wouldn't exist without this support! If you have questions about your pledge record, or anything else related to your financial support, please contact our business manager, Jean Gilbert at businessmgr@uucorvallis.org.

This week, we mailed reports of capital campaign pledges (the “Our Shared Future” campaign, for our building enhancement project, which is now in its third and final year.) We are making progress toward our goals, and making beautiful future possibilities begin to become realities. Thanks to all who are part of this work! It's not too late to join in, if you haven't. Look for information about how to join in the letters, or attend a meeting on Sunday, Feb. 16, after the second service.

Contact Us

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Church Office

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Email: office@uucorvallis.org

Office Hours

Monday & Wednesday 10 AM – 2 PM

Tuesday & Thursday 8 AM – 12 PM

*The UUFC Office is closed on all federal holidays.

Fellowship Care and Support Team listeners are available on Sundays for anyone looking for support. Ask at the welcome desk in the foyer.