

# FELLOWSHIP

WAYSIDE PULPIT  
The soul always knows what to do to  
heal itself. The challenge is to silence  
the mind.  
-Caroline Myss



UUFC WEEKLY ANNOUNCEMENTS

July 22, 2018

SUNDAY, JULY 22

10:00 AM Childcare available  
Worship Service  
Summer Religious  
Exploration Classes

Join us after the service in the Social Hall for coffee and conversation. Introduce yourself to someone you don't know.

The Fellowship Care and Support Team listeners are available for anyone looking for support. Ask at the greeter desk.

NEW TO THE FELLOWSHIP?  
CONTACT FIRST STEPS COORDINATOR,  
ELONA MEYER  
([elonameyer@icloud.com](mailto:elonameyer@icloud.com)).

BECOME A MEMBER  
OF THE UUFC!  
Sign up at the welcome table in the  
foyer for the next class.

*Spirit of Love, in the  
communities of our lives,  
help us to be present to  
each other.*

Visit the UUFC website to WATCH  
recordings of previous  
SUNDAY SERVICES!  
[www.uucorvallis.org/?page\\_id=239](http://www.uucorvallis.org/?page_id=239)

Worship | ONE worship service at 10:00 AM

July 22 **"Strength From the Divine Mother"**  
Rev. Jill McAllister with Johanna Beekman

Sources of strength and grounding are much needed, perhaps more than ever. Images and experience of "the feminine Divine" have been important sources of strength for millennia. Kirtan artist Johanna Beekman, who grew up at UUFC, will join Jill for this exploration in words and music, body and soul. Johanna will also offer a "Lullaby Yoga Workshop" from 1:30 - 3 PM. All are welcome.

### Also today:

~Lullaby Yoga Workshop, 1:30 PM

Kirtan artist and yoga teacher Johanna Beekman invites all to this workshop of deeply relaxing yoga poses while listening to soothing songs and chants. A peaceful space for mind and body to rest. Suggested donation: \$20/person.

~Film Night, at 7 PM, sponsored by the UUFC Climate Justice Team: "Little Yellow Boots: A Story for the Future" A different way to think about climate change, and the changes it's bringing. Discussion facilitated by Jill McAllister & Linda Geiser.

Next Week | One worship service at 10:00 AM

July 29 **"Crossing That Bridge"**  
with Rev. Jill McAllister

When we get to July 29, (with gratitude) we'll find out together where we are and what wants to be said. Until then, stay alert to the way things truly are, within you and around you. Special music by the Rev. Dennis McCarty, of Bloomington, IN. Ride your bike to the Fellowship if you can. Stay after the service to celebrate Bicycle's Day.

# HAPPENING SOON

## **Celebrate Bicycles Day! Sunday, July 29th, 11:30-1:00**

Come enjoy social hour and a bicycle parade on the Fellowship lawn after worship. Ride your bicycle to Fellowship, decorate bikes, get help with small bikes repairs, learn how bikes can help ameliorate climate change! For all ages.

## **Coming to the Fellowship for one- night only!**

**Monday, July 30, 7 PM:**

### **“Servetus: the Radical Reformed Musical”**

...a musical journey to our UU roots and the Reformation's shadow side. John Calvin sings heavy metal, Martin Luther sings the blues, and Michael Servetus sings for his life. (And those aren't even the big surprises.) Written and performed by the Rev. Dennis McCarty, of Bloomington, IN, this one-person show is catchy and fun, a painless-but-poignant journey through the religious tensions and animosities of the Reformation, from which the “good news” of our UU approach arose. Admission: \$7 per person suggested donation. *Proceeds will support the UUFC Refugee Fund*

## **Sunday Worship Services in August**

~Sunday, August 5, regular schedule at UUFC at 10 AM.

~Sundays, August 12, 19, and 26, we will meet at the Good Samaritan Episcopal Church (333 NW 35th) at 5 PM for worship, followed by a potluck dinner.

## **Annual UUFC Rummage Sale August 25, 2018**

**--Reduce-Reuse-Recycle--**

~**Donate** items starting August 12. Bring things to the Sanctuary. We may also begin taking donations next week in Room 8. Watch for a UU-Announce email.

~**Have your donations picked up** by Virgil Agnew, [agnewv@comcast.net](mailto:agnewv@comcast.net), and Rich Brainerd, [richmondbrainerd@comcast.net](mailto:richmondbrainerd@comcast.net). The Sanctuary will not be available until Aug. 12 for delivery, but we might be able to find another place to put donations before that, if necessary.

~**Help sort and price**, August 19 -24, in the Sanctuary / Social Hall.

~**Come shop** and/or help on August 25, 9 AM - 3 PM.

# FELLOWSHIP CONNECTIONS

## **UUFC Men's Retreat: Fri – Sun, October 19 - 21. Save the date!**

Plan to attend the annual men's retreat at the Menucha Conference Center overlooking the beautiful Columbia Gorge. The theme this year is “Visiting the Deeper Layers: Open-hearted encounters with ourselves. Reverend Mark Gallagher, formerly minister at the UU Fellowship in Vancouver, WA and visiting minister at our UUFC, will facilitate. For information and registration contact Lloyd Wagenschutz, 541-753-9071 or e-mail [lpwz124@comcast.net](mailto:lpwz124@comcast.net) or other members of the planning committee (Jed Irvine, Alan Kirk and Steve Strauss).

## **“We Care” Needs Volunteers**

The interfaith emergency aid collaborative we support is in need of volunteers to help take applications and interview applicants. Contact Rex Cole, at the We Care office phone, 541-243-8029, or by email: [rexcindy\\_cole@comcast.net](mailto:rexcindy_cole@comcast.net).

## **Connect UP: Sign up on July 29**

to participate in or to host an activity in August! Questions? Contact Wendy Sutton [connect@uucorvallis.org](mailto:connect@uucorvallis.org). Visit Connect Up on the UUFC website: [https://uucorvallis.org/?page\\_id=3776](https://uucorvallis.org/?page_id=3776). August events will be posted shortly after the sign up.

# THE WEEK AHEAD: JULY 23 - JULY 28

Monday, July 23	Board of Trustees Meeting	7:00 PM Room 7
	Mid-Valley Healthcare Meeting	7:00 PM SH
Tuesday, July 24	Equity, Diversity, and Inclusion (EDI)	7:00 PM Room 7
Wed. July 25	Women's Lunch Bunch <i>Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (<a href="mailto:dewaldorf@comcast.net">dewaldorf@comcast.net</a>).</i>	1:00 PM N. Co-op
	Weekly Potluck <i>Please bring a dish (with a list of ingredients) to share. All are welcome.</i>	6:00 PM SFH
Friday, July 27	Insight Meditation <i>This is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke (<a href="mailto:maryleigh.burke@gmail.com">maryleigh.burke@gmail.com</a>).</i>	10:15 AM Room 7
	Kirtan Meditation	7:00 PM Room 7

The Fellowship dishwasher (sanitizer) is broken. Repair / replace options are being considered. Meanwhile, please wash all dishes you use in hot water with soap, rinse thoroughly, then dip in a solution of hot water with bleach. (See instructions on the bleach bottle under the sink). Let dishes air dry, then put away. Thanks for your help!

Have too many veggies and fruit from your garden? Bring to the Fellowship to share Sunday: place on bench near entrance door.

A reminder from Jill: I encourage everyone to reach out this summer to at least one other person, especially in the Fellowship, and invite that person to meet with you – for tea or coffee, for a walk, for a talk on a park bench. Take time to really meet each other. Find out how you are different and what you have in common. I cannot think of any work or task or issue that is more important than this, for if we cannot get to know each other, then we cannot truly work together in the ways the world needs us to work.

# FELLOWSHIP CONNECTIONS

## Sanctuary Painting and Flooring Project July/August

~*Sanctuary Walls* are being patched and painted July 30 - early August. Volunteers are still needed.

Contact Niya Standish to join the crew : [niyabeth@gmail.com](mailto:niyabeth@gmail.com).

~*Sanctuary Floor* replacement is happening the last week in August.

## Save the date! August 4 is the Annual Summer Picnic at 3 PM.

The annual UUFC picnic at Ann Marchant's and Russ Anderson's will be on Saturday, **August 4**, from 3-8 PM. Potluck dinner at 5:30 PM. Volunteers are needed. Please RSVP at this link and consider volunteering! <https://docs.google.com/forms/d/e/1FAIpQLS-fN1n6Ju4fmMk4os-PxS4g8Vnuh-BupDXyTeDx4og6ob9HMpEQ/viewform?c=0&w=1>

## Call to UUFC Artists: "Water" is the theme for our next exhibit.

Open to fellowship artists of any medium. Three entries per person to be juried for inclusion. Deadline to submit work is August 1. Please send: electronic images, title, medium, approx. dimensions of finished piece when framed and ready to be hung, cost of each piece if for sale or insurance value if NFS and phone number. Send images and information to Niya Standish [niyabeth@gmail.com](mailto:niyabeth@gmail.com). This exhibit will coincide with the annual welcome back "Pooling of the Waters" in September.

# FIND US ONLINE

Connect with us online to stay updated and keep in touch.

 UUCF Website  
[www.uucorvallis.org](http://www.uucorvallis.org)

 FACEBOOK  
[facebook.com/uucorvallis](https://facebook.com/uucorvallis)

 TWITTER  
[twitter.com/uucorvallis](https://twitter.com/uucorvallis)

## Words for Reflection

July 22, 2018

Earth mother, star mother,  
you who are called by a thousand names,  
May all remember we are cells in your body and dance together.  
You are the grain and the loaf that sustains us each day.  
As you are patient with our struggles to learn,  
So shall we be patient with ourselves and each other.  
We are radiant light and sacred dark – the balance.  
You are the embrace that heartens and the freedom beyond fear.  
Within you we are born, we grow, live and die ---  
You bring us around the circle to rebirth,  
Within us you dance forever.

*Starhawk*

## Unitarian Universalist Fellowship of Corvallis

2945 NW Circle Blvd  
Corvallis, OR 97330  
[uucorvallis.org](http://uucorvallis.org)



### WANT TO INCLUDE AN ANNOUNCEMENT IN THE WEEKLY ANNOUNCEMENTS?

If you would like to include an announcement for your group, please email them by NOON Wednesday to [office@uucorvallis.org](mailto:office@uucorvallis.org) with the subject line: weekly announcement.

# NEED TO CONTACT US?

CHURCH OFFICE  
Ph. 541.752.5218  
[office@uucorvallis.org](mailto:office@uucorvallis.org)

OFFICE HOURS (July - Labor Day)  
Tuesday 8:30 AM - 12:30 PM  
Wednesday 10 AM - 2 PM  
Thursday 8:30 AM - 12:30 PM

JEAN GILBERT  
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ELIZABETH SOLLIE  
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