



THE WEEK AHEAD

June 19-26, 2016

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, June 19, 2016

Please join us after the service in the Social Hall for coffee. Introduce yourself to someone if you can.

- **Strawberry Shortcake celebration**, 11:15 AM (SH)
Good-bye and celebration for Ann Mbacke, with strawberry shortcake!
- **Wheel of the Year Summer Solstice/Beltane celebration**, 3:00 PM (UUFC)
A time to celebrate the Sun's gifts. We plan to once again be outside to gather around the fire. Event begins at 3:00 PM; you are welcome to attend any part of it. There will be time to arrive and get connected, an hour-long ceremony starting around 4:00 PM and finally a potluck supper. Questions? Contact Cliff Pereira (peartree15@comcast.net).
- **Interfaith Vigil for Orlando** 7:00 PM (Benton County Courthouse)
Faith community leaders from Corvallis and Albany invite all to a vigil tonight at 7:00 PM at the Benton County Courthouse, to share sustaining prayer and meditation, to be in solidarity with our LGBTQIA and Latinx and Muslim communities, and to move ourselves to action. For events details, see <https://facebook.com/CorvallisInterfaith/>
- **Rummage Sale Collections** Room 8 is now available for items for the August rummage sale

The Week Ahead: June 20-26, 2016

- **June office hours – Tuesdays and Thursdays, 9:30 AM-1:30 PM**
- **Weekly Potluck**, Wed June 22, 6:00 PM (SH)
Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.
- **Laughter Yoga Labyrinth**, Wed June 22, 7:00 PM (SFH)
Laughter Yoga Labyrinths are meditations that focus on peace and growing our inner joy. For more information, contact facilitator Tracy Merritt (tmcmeritt@comcast.net).
- **Capoeira Angola**, Thurs June 23, 5:00 PM (SH)
A movement practice to build physical balance, strength and endurance.
- **Insight Meditation**, Fri June 24, 10:15 AM (9)
Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.
- **Kirtan & Meditation Circle**, Fri June 24, 7:00 PM (7)
Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.
- **UUFC Grounds Workparty**, Sat June 25, 9:00 AM (Grounds)
All are invited to join in gardening and groundswork, for a few minutes or a few hours. For more info, please contact Andrea Dailey (541-368-5212, andreaqdailey@gmail.com).

Plan Ahead

- **UUFC Summer Picnic and Concert**, Sat July 16, 2:00 PM (Off-site)
Join in for outdoor play time, a potluck picnic and a concert by The Flow. See http://uucorvallis.org/?page_id=3508 for details or to RSVP.

Next Sunday: June 26, 10:00 AM

“Creating Happiness”

Jim Gouveia, UUFC member

How do we create the life that we want to live in spite of the pressures of life, love, and climate change? Organically unfolding with whatever life presents to us and knowing we can embrace it all. UUFC member Jim Gouveia is a licensed clinical social who has been working in mental health for 25 years, currently at OSU counseling and psychological services. He practices Zen and being present with whatever presents itself in the moment; sometimes he is really good at it and sometimes he is not.

When Life calls us into change, may we have the courage to answer and to go well.

Send-off for Ann Mbacke, with Strawberry Shortcake – TODAY

Ann Mbacke, who has been one of our Directors of Religious Exploration for the past two years, will be leaving UUFC to pursue her calling as a peace activist. Please join in as we celebrate her work with us.

UUFC Summer Solstice Celebration – TODAY

All are invited to join in nature-connected celebration and ceremony honoring the Summer Solstice (Litha) - a time to honor the Sun's gifts, connecting to nature, to ourselves, to each other and to the mystery that is greater than us. This family-friendly event is scheduled for 3:00-7:00 PM and you are welcome to attend any part of it. It starts with time to arrive and get connected, followed by an hour-long ceremony outside (starting around 4:00 PM) and then finishes with a potluck. Go to http://uucorvallis.org/?page_id=3112 to learn more about what to bring and the ideas behind the current format. Contact: Cliff Pereira peartree15@comcast.net

Attend General Assembly, from the comfort of the UUFC, this week

Live-streaming of many GA events and programs will be happening this week at the UUFC, beginning on Wednesday. For more information or to join in, contact Jesse Ford jesseisuu@gmail.com.

Religious Exploration Associate Position Opening

Announcing the opening of a half-time position, with benefits, in the UUFC Religious Exploration Program. The RE Associate will focus primarily on RE for children and youth, and be responsible for volunteer recruitment and support; support in curriculum development and lesson planning/implementation; and networking with families and between families, staff and volunteers. Minimum qualifications include training and/or experience working with children and/or youth – preferably in an educational setting, and experience in a Religious Exploration or comparable program. For a copy of the full job description, or with questions, contact Michael Molk at molk@uucorvallis.org, or view the posting on the UUFC website at http://uucorvallis.org/?page_id=2724. To apply, send a letter describing your interest and relevant experience, and a resume, including at least two references, to Michael Molk (molk@uucorvallis.org). **Applications are due by Monday, June 27.** We hope to find someone who will be able to begin in this position by mid-August.

Teachers Needed for Summer Sundays With Children at UUFC

Do you have a favorite story to share, or a hobby to show, or a lesson to share? Though regular classes are in summer recess, we still offer guided activities for children during our summer services. Can you spare one Sunday morning to be with the children? Even if you don't have a lesson in mind, if you are able and willing to be there, the RE staff can help make a plan. Please sign up on the easel in the foyer, or contact Michael Molk (molk@uucorvallis.org).

UUFC Summer Picnic

Come join the UUFC summer picnic potluck out on a beautiful "farm" near Philomath. Everyone is welcome – but please RSVP! There will be a potluck dinner and then two glorious hours of music provided by "The Flow" (which includes UUFC member Jed Irvine among its musicians).

Here's the schedule for Saturday July 16th: 2:00 PM-4:00 PM, general visiting and walking and swimming; 4:00 PM-5:30 PM, potluck dinner in the shade of the apple trees; 6:00 PM-8:00 PM, concert by "The Flow," dancing encouraged! It's a twenty minute drive to Ann Marchant and Russ Anderson's "farm," a little south of Philomath. There are mowed trails through the woods for walking, a one acre pond for swimming, and 35 acres for general communing with nature. RVSP at http://uucorvallis.org/?page_id=3508

Summer Office Hours at UUFC

Through the end of June, regular office hours will be Tuesday and Thursday, 9:30 AM-1:30 PM. E-mail and voice mail to the office will be checked daily, Monday through Friday, though responses may come on Tuesdays and Thursdays. For July and August office hours, look for more information in the July newsletter.

Rummage Sale Storage Available Now

Items for the annual rummage sale may now be brought to room 8 for donation. Items will be collected throughout the summer, and in August the sale will offer a chance to live our values as we re-use things donated by others and support the UUFC financially with the proceeds of the sale. For a list of desired donations, see the June newsletter.