



# THE WEEK AHEAD

March 6-13, 2016

Upcoming Services & Events at the UU Fellowship of Corvallis

*The UUFC Annual Pledge Drive is happening now!*

Stewardship materials are available online every day ([http://uucorvallis.org/?page\\_id=3043](http://uucorvallis.org/?page_id=3043)) or by calling the office during business hours (541-752-5218), and pledges are welcome every day. Have YOU pledged yet?

## **Today, Sunday, March 6, 2016**

- **Action Lunch to benefit Jackson Street Youth Services**, 12:30 PM (SH)  
*Purchase lunch in support of and hear a presentation about Jackson Street Youth Services, which provides stable housing for youth in crisis in Corvallis and Albany.*
- **Great Decisions Discussion Group**, 2:00 PM (LIB)  
*Discussion group which gathers to read and talk about selected US Foreign Policy topics. Contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)) to join.*

## **The Week Ahead: March 7-13, 2016**

- **Weekly Potluck**, Wed Mar 9, 6:00 PM (SH)  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.*
- **Insight Meditation**, Fri Mar 11, 10:30 AM (9)  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*
- **Kirtan with Live Band**, Fri Mar 11, 7:00 PM (SFH)  
*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*
- **Drop-in Choir**, Sun Mar 13, 8:45 AM (SFH)  
*Come early to learn a song with the drop-in choir for performance during the service on Sunday the 13th.*

## **Plan Ahead**

- **UU Identity Class: Theology**, March 15, 22, 29  
*Join Rev. Jill McAllister for a class series focused on theologies in UUism.*
- **Wheel of the year: Ostara/Spring Equinox Worship**, March 20  
*A worship for a time of balance – with daylight and nighttime being of equal length. A time of new life and renewal. A time of awareness of opposites. A time of change as day length increases most rapidly.*
- **Resilience Retreat**, April 8-9  
*Join Linda Carroll and Jill McAllister, presenting “Resiliency: The Practice, Art and Skills of Turning PTSD into PTG (Post Traumatic Growth).”*
- **UU Identity Class: American UU History**, April 12, 19, 26  
*Join UUFC member David Robinson for three classes focused on American UU history.*
- **Services Auction**, Sat April 30  
*Annual UUFC fundraising event in which participants buy services and spots at events from each other. This year’s theme is “Harry Potter.”*

## **Next Sunday: March 13, 9:30 AM & 11:00 AM**

“My New Journey”

*Blaise Ntakarutimana and Rev. Jill McAllister*

When your faith, and your convictions, put your life in danger, what can you do? When you have to flee your country, leave your family, and start again, where can you turn? What sources of courage, and of help, are needed? Our Unitarian visitor from East Africa will tell a bit of his story.

*Spirit of Life, when our lives feel precarious, help us find what reconnects us to Love.*

## Annual UUFC Pledge Drive Underway

We're engaged in our annual cycle of funding the Fellowship. Pledge drive materials are all accessible from the website home page at [www.uucorvallis.org](http://www.uucorvallis.org) and available in paper in the lobby. Our avenue for engagement about what we stand for this year is through brief and beautiful video recordings of members and staff speaking to what matters most to them at the UUFC. Links to these videos are available on the website and sent out via email twice weekly. Stay tuned, as we reveal more videos until March 24. If you have questions or if we can assist with anything, don't hesitate to contact Virginia Shapiro or Anna Sontag or email [uufestewardship@gmail.com](mailto:uufestewardship@gmail.com) And please – make your pledge!

## UU Identity and UU History

The Adult Religious Growth and Learning program will offer two classes in UU Identity as part of our core curriculum for adults in March and April.

In March, Jill McAllister will lead a series focused on theologies in UUism. Using some materials from the classic adult curriculum *Building Your Own Theology*, we'll consider what “theology” means for each of us, and work to articulate our own worldview/beliefs. Starting a few weeks later than originally announced, the series will begin on Tuesday, March 15, and continue through Tuesday, March 29.

Dr. David Robinson, UUFC member and eminent scholar of UU History, will teach a three session adult exploration class in April, on Tuesdays (April 12, 19, 26) from 7:00-8:00 PM. Focusing on American UU history, he'll cover The Five Phases of UU History, The Transcendentalist Controversy, and The Humanist Debate. Background reading materials will be available. Don't miss this great opportunity to study with and learn from David! Contact Ann Mbacke to sign up, or for more information ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)).

## Weekend Resilience Retreat

Join Linda Carroll and Jill McAllister, presenting “Resiliency: The Practice, Art and Skills of Turning PTSD into PTG (Post Traumatic Growth).” How do we face the traumas of our times and our lives, and keep going? Jill and Linda will offer a practical road map based on modern research and ancient wisdom of how we can best “turn our sorrows into songs.” For more information or to register, contact Jill McAllister ([minister@uucorvallis.org](mailto:minister@uucorvallis.org)).

## Wheel of the Year: Ostara/Spring Equinox Worship

As we experience the gift of returning light, join us to celebrate the Spring Equinox (called Ostara in some traditions) on Sunday, March 20th in the Sanctuary. This is a time of balance – with daylight and nighttime being of equal length. A time of new life and renewal. A time of awareness of opposites. A time of change as day length increases most rapidly. The Wheel of the Year group honors eight special points in the Earth's annual dance around the sun: the equinoxes, the solstices and the four cross-quarter days half-way in between. For more information, contact Cliff Pereira (541-753-9224).

## UUFC Communications

The main channels for UUFC communication are this weekly announcement sheet, the monthly newsletter, and our two email lists. Monthly newsletters are posted to the website and are available here, reviewable at any time: [http://uucorvallis.org/?page\\_id=61](http://uucorvallis.org/?page_id=61) Similarly, weekly announcements are posted to the website here as well as distributed by email: [http://uucorvallis.org/?page\\_id=209](http://uucorvallis.org/?page_id=209)

The two email lists are [announce@uucorvallis.org](mailto:announce@uucorvallis.org) (which is for Fellowship events and announcements) and [discuss@uucorvallis.org](mailto:discuss@uucorvallis.org) (for community events and announcements, and for discussion of topics of interest to UUFC members and friends). For sign-up instructions, visit [http://uucorvallis.org/?page\\_id=3015](http://uucorvallis.org/?page_id=3015) Questions? Email the communication team at [news@uucorvallis.org](mailto:news@uucorvallis.org).

“We've become focused on peace, justice and equality, when the truth is, none of those things can happen unless there's some undergirding sense that we belong to each other, that we're connected, that we matter. But the good news is, if we focus on kinship, the byproduct of that effort is peace, justice and equality. It's how it happens.”

—Fr. Greg Boyle