



# THE WEEK AHEAD

March 13-20, 2016

Upcoming Services & Events at the UU Fellowship of Corvallis

*The UUFC Annual Pledge Drive is happening now!*

Stewardship materials are available online every day ([http://uucorvallis.org/?page\\_id=3043](http://uucorvallis.org/?page_id=3043)) or by calling the office during business hours (541-752-5218), and pledges are welcome every day. Have YOU pledged yet?

## **Today, Sunday, March 13, 2016**

- **Great Decisions Discussion Group**, 2:00 PM (LIB)  
*Discussion group which gathers to read and talk about selected US Foreign Policy topics. Contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)) to join.*

## **The Week Ahead: March 14-20, 2016**

- **UU Identity Class: Our Theological Roots**, March 15, 7:00 PM (7)  
*Join Rev. Jill McAllister for a class series focused on theologies in UUism.*
- **Weekly Potluck**, Wed Mar 16, 6:00 PM (SH) and discussion with Blaise Ntakarutima 6:45 PM  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.*
- **Insight Meditation**, Fri Mar 18, 10:30 AM (9)  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*
- **Kirtan & Meditation Circle**, Fri Mar 18, 7:00 PM (7)  
*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*
- **Wheel of the year: Ostara/Spring Equinox Worship**, March 20  
*A worship for a time of balance – with daylight and nighttime being of equal length. A time of new life and renewal. A time of awareness of opposites. A time of change as day length increases most rapidly.*

## **Plan Ahead**

- **UU Identity Class: Our Theological Roots**, March 22, 29  
*Join Rev. Jill McAllister for a class series focused on theologies in UUism.*
- **Resilience Retreat**, April 8-9  
*Join Linda Carroll and Jill McAllister, presenting “Resiliency: The Practice, Art and Skills of Turning PTSD into PTG (Post Traumatic Growth).”*
- **UU Identity Class: American UU History**, April 12, 19, 26  
*Join UUFC member David Robinson for three classes focused on American UU history.*
- **Services Auction**, Sat April 30  
*Annual UUFC fundraising event in which participants buy services and spots at events from each other. This year’s theme is “Harry Potter.”*

## **Next Sunday: March 20, 9:30 AM & 11:00 AM**

“Justice is What Love Looks Like in Public”

*Rev. Jill McAllister*

In a 2011 article titled “A Love Supreme,” Dr. Cornel West wrote: “... we intend to sustain our momentum by nurturing our bonds of trust, fortifying our bodies, hearts and minds and sticking together ... in order to create a better world....” These movements of love are necessary for what he calls a “deep democratic revolution.” Love which is tender in private must be strong and courageous in public. A perspective on love to ground our activism.

*When our lives call us to move, may we have the courage to travel in new directions.*

## **Annual UUFC Pledge Drive Underway**

Thank you to all who have already made their pledge of financial support for the UUFC for the coming fiscal year (July 1 2016 - June 30 2017). And thank you also to everyone watching the videos of our members and staff! Our goal is 100% participation in the pledge drive, at whatever level is appropriate for your household. There is a worksheet included in the pledge materials which may help you choose the pledge amount that is right for you.

Our video testimonials give examples of how we, as a congregation and as individuals, are striving to live our values and make a difference in the world. We look forward to your expression of commitment to the work of this community. Please contact us ([uufcstewardship@gmail.com](mailto:uufcstewardship@gmail.com), 541-221-6962) if you haven't been receiving emails from "Unitarian Universalist Fellowship of Corvallis" regarding our videos – we need to hear from you so you can receive our information!

## **UU Identity: Our Theological Roots**

UU Identity is part of our core curriculum for adult RE. This month Rev. Jill McAllister will consider the sources of UUism in liberal Christian theologies. While UUism is a uniquely pluralistic religious movement, our roots are deeply embedded in centuries of progressive, liberal Christianity. What do these roots mean for us today? The series of three classes starts Tuesday, March 15, 7:00 PM in room 7, and continues for two more weeks. For more information, contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)).

## **Over 65 Group: Aging and Resilience**

Rev. Jill McAllister will facilitate a discussion on what resilience looks and feels like. Come prepared to share your own experiences of resilience and how it is related to this period of life and the aging process. Thursday, March 17, 3:00 PM, UUFC Sanctuary.

## **2015 UUA General Assembly: Presentations to Share**

If you didn't get to attend the GA last June in Portland, you can come see why so many UUFCers who did attend were excited about what they saw and heard. We'll begin with a video of Rev. Sean Parker Dennison delivering the Berry Street Lecture: it is sure to ignite your sense of purpose and engage you in thinking about what it means to be a Unitarian Universalist. Thursday, March 17, 7:00 PM UUFC Sanctuary. For more information, contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)).

## **Wheel of the Year: Ostara/Spring Equinox Worship**

As we experience the gift of returning light, join us to celebrate the Spring Equinox (called Ostara in some traditions) on Sunday, March 20th in the Sanctuary. This is a time of balance – with daylight and nighttime being of equal length. A time of new life and renewal. A time of awareness of opposites. A time of change as day length increases most rapidly. The Wheel of the Year group honors eight special points in the Earth's annual dance around the sun: the equinoxes, the solstices and the four cross-quarter days half-way in between. For more information, contact Cliff Pereira (541-753-9224).

## **Weekend Resilience Retreat, Friday Eve. April 8 and Saturday April 9**

Join Linda Carroll and Jill McAllister, presenting "Resiliency: The Practice, Art and Skills of Turning PTSD into PTG (Post Traumatic Growth)." How do we face the traumas of our times and our lives, and keep going? Jill and Linda will offer a practical road map based on modern research and ancient wisdom of how we can best "turn our sorrows into songs." For more information or to register, contact Jill McAllister ([minister@uucorvallis.org](mailto:minister@uucorvallis.org)).

## **UUFC Communications**

The main channels for UUFC communication are this weekly announcement sheet, the monthly newsletter, and our two email lists. Monthly newsletters are posted to the website and are available here, reviewable at any time: [http://uucorvallis.org/?page\\_id=61](http://uucorvallis.org/?page_id=61) Similarly, weekly announcements are posted to the website here as well as distributed by email: [http://uucorvallis.org/?page\\_id=209](http://uucorvallis.org/?page_id=209)

The two email lists are [announce@uucorvallis.org](mailto:announce@uucorvallis.org) (which is for Fellowship events and announcements) and [discuss@uucorvallis.org](mailto:discuss@uucorvallis.org) (for community events and announcements, and for discussion of topics of interest to UUFC members and friends). For sign-up instructions, visit [http://uucorvallis.org/?page\\_id=3015](http://uucorvallis.org/?page_id=3015) Questions? Email the communication team at [news@uucorvallis.org](mailto:news@uucorvallis.org).