



THE WEEK AHEAD

November 15-22, 2015

Upcoming Services & Events at the UU Fellowship of Corvallis

Today: Sunday, November 15, 2015

- **Parent Orientation for 7th/8th Grade OWL**, 12:30 PM, UUFC Rm 7
Required before 7th/8th graders may participate in the Our Whole Lives program. See reverse for details.
- **Immigration Justice Trip Reporting**, 1:00 PM, UUFC Sanctuary
Come hear about UUFC members Nancy Kyle and Roberta Smith's experiences touring the border in Arizona and Mexico. First of three sessions.
- **Music Sharing Night**, 7:30 PM, UUFC Sanctuary
An evening of music by all ages and all kinds of musical acts. All are welcome to come and listen.

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- **Enneagram in Relationships workshop**, Wednesday, Nov 18, 9:30 AM, UUFC Sanctuary
Workshop with Dale Rhodes of Enneagram Portland. See reverse for details.
- **UUFC Weekly Potluck**, Wednesday, Nov 18, 6:00 PM, UUFC Social Hall
Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All welcome.
- **Earth Prayer**, Thursday, Nov. 19, 5:30 PM, UUFC Sanctuary
A meditative service to connect more deeply to the oneness of all life, and our home the Earth, through music, readings, prayers, movement, and silence.
- **Pastie-Making**, Friday, Nov 20, 9:30AM-12:30 PM AND 12:30 PM-3:30 PM, UUFC Social Hall
Come share in making Cornish pasties (savory filled pastries) to sell at our Holiday Bazaar.
- **Insight Meditation**, Friday, Nov 20, 10:30 AM, UUFC Rm 9
Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.
- **Kirtan**, Friday, Nov 20, 7:00 PM, UUFC Sanctuary
The "One Heart, One Soul" tour comes to Corvallis, with Mike Cohen and Johanna Beekman. Tickets are \$15 in advance or \$20 at the door. See more information at http://uucorvallis.org/?page_id=2965
- **RhythmAsana**, Saturday, Nov 21, 10:30 AM, UUFC Sanctuary
Join RhythmAsana for a blend of yoga, movement, dance and live world music. Please bring your yoga mat if possible (a few will be provided). All experience levels are welcome. Donations appreciated.
- **Kirtan 101**, Saturday, Nov 21, 1:00 PM, UUFC Rm 7
A 3-hour workshop especially geared to people who are new to Kirtan who want to learn about the basics, but all kirtan chanters will gain much from Mike Cohen's teaching. Tickets are \$30 in advance, or \$35 at the door. See more information at http://uucorvallis.org/?page_id=2965

Plan Ahead

- **FestEvent Thanksgiving Gathering**, Thursday, November 26, UUFC
*Gather for our annual congregational shared meal. All are welcome. **Sign-up: Today.***
- **Holiday Bazaar**, Saturday, December 5, UUFC
The annual UUFC Saturday event, with opportunities to purchase local art and handcrafts, baked goods and jams, lunch, environmentally-sound "recycled" gifts, and more. Save the date, and watch for volunteer sign-ups!

Next Sunday: November 22, 9:30 & 11:00 AM

"Thanksgiving Habits"

Rev. Jill McAllister

Gathering with friends and family, giving thanks, cooking a lot, eating a lot, watching television, shopping for Christmas... How do our Thanksgiving habits relate to our deep needs for gratitude, to the real history of America, and to what the world needs from us?

Spirit of Love, we struggle to understand ways of being that are different from ours. Help us to be patient and to remember that there is much we don't know about another's life.

"The truth is this: if here is no justice, there will be no peace. If we cannot bring justice into the small circles of our individual lives, we cannot hope to bring justice to the world. And if we do not bring justice to the world, none of us is safe and none of us will survive. Nothing that we do is more important than making justice real—here, where we are. Hard as diversity is, it is our most important task." – Rosemary Bray McNatt

Music Sharing Night: Tonight, 7:30 PM

All ages and all musical acts are encouraged to perform. Past sharing nights have included folk songs, Broadway, jazz, opera arias, original songs plus piano solos, drumming, and a trombone duet; with participants of all ages and levels of experience, including some who have never performed before in front of an audience! Email David Servias (music@uucorvallis.org) if you are interested in performing. All are welcome to come and just listen.

Thanksgiving Food Box Delivery Drivers Needed

Drivers are needed for the annual UUFC participation in delivering Thanksgiving food boxes to food insecure families in Benton County. 50-60 drivers are needed for two-hour shifts on Sunday, November 22 between 12:30 PM-3:00 PM. Contact Wendy Sutton (suttonw@science.oregonstate.edu) to sign up or for more information.

Immigration Justice Trip Reporting: TODAY, 1:00 PM

Come hear about Nancy Kyle and Roberta Smith's experiences touring the border in Arizona and Mexico. First session: *Explore* with us, today (Sunday November 15) at 1:00 PM in the Sanctuary. Second session: *Love* the fine folks we met, Thursday December 3 at 7:00 PM in Room 6C. Third session: *Act* according to our principles, Sunday December 13 at 1:00 PM in the Sanctuary.

Our Whole Lives (OWL) Parent Orientations

OWL, the sexuality education class developed by Unitarian Universalist and United Church of Christ-Congregationalist educators, will be offered at all levels for children and youth this winter. A parent orientation is required before children and youth may be enrolled in the class. We are pleased to announce that this year, OWL classes will be open to children from our area even if their parents are not affiliated with the UUFC. Please invite those you know who might be interested. Contact DRE Michael Molk to arrange for childcare during orientation or for more information (molk@uucorvallis.org, 541-752-5218 x225).

TODAY: orientation for parents of 7th/8th graders.

NEXT SESSION: orientation for parents of K/1st graders on **DECEMBER 6**.

Bakers and Food Artisans Needed for Holiday Bazaar

Do you like to bake or create gift-food items for the holidays? Please consider donating some of your specialties to this year's Holiday Bazaar, on Saturday, December 5. Smaller items (such as mini-loaves of bread), or smaller packages (such as a dozen cookies) sell especially well. If the item can sail beautifully through freezing and thawing, that's a plus, too. And of course, gluten-free and vegan goods are very popular (please be sure to label them!). Spiced nuts, candy, homemade crackers, and soup mixes also are a hit. Bring your contributions to church on Friday, December 4, from 5 to 7 PM. Or, call Andrea Dailey *before* Friday for pickup on Friday before 4:30 PM. Questions? Call Andrea or email her (541-368-5212, 2daileys@gmail.com).

UUFC Emergency Aid Fund: Your help is needed!

The emergency aid fund (part of the Ministers Discretionary Fund) helps UUFC members and friends in emergency and critical situations. Over the past several months it has provided funds for food, medicines, gas and transportation, housing, and medical care for a number of members of the congregation. The balance of the fund is now at zero! This fund is created by the generous donations of all of us. Needs are growing, not diminishing. Please, can you help make the fund operational again with a contribution today?

The Enneagram in Relationships: Nine Points of View

with Dale Rhodes of Enneagram Portland

Wednesday, November 18, 2015: 9:30 AM to 5:30 PM, at UUFC. \$150 fee, \$125 for UUFC members.

Register at <http://www.lindaacarroll.com/resources/Enneagramin1115.pdf>