



# THE WEEK AHEAD

October 4-11, 2015

Upcoming Services & Events at the UU Fellowship of Corvallis

## **Today: Sunday, October 4, 2015**

- **Action Lunch**, 12:30 PM, UUFC Social Hall  
*Action Lunch to raise money for UUSC's Nepal Education Project to help rebuild schools. 5,000 schools were destroyed in the April earthquake. UUSC is partnering with Chetana, a grassroots teacher-run organization, which is focusing on junior schools in the Gorkha, Lamjung, and Tanahu districts. Purchase lunch in support of UUSC and Chetana.*
- **Glass Bead/Memory Wire Workshop**, 12:30 PM, UUFC Rm 8  
*Free one-hour workshop in fashion jewelry making using glass beads and memory wire. Open to all, donations welcome but not required. Diane will provide all materials/tools and instruction; this easy class welcomes beginners!*
- **Chalice Circle Facilitator Training**, 1:00 PM, UUFC Rm 7  
*This workshop will cover the basics of Small Group Ministry, the format and guidelines for Chalice Circles, and include role-playing to practice gentle facilitating in a shared group.*

## **The Week Ahead: October 5 – October 11, 2015**

- **Escalating Inequality**, Monday, October 5, 7:00 PM, Corvallis Public Library  
*Our regular discussion moves to the public library to view the film "White Like Me", by Tim Wise. The film considers race and racism in the USA thru of white privilege. UUFC's Ann Mbacke will lead the discussion.*
- **Shawl Ministry**, Monday, October 5, 7:00 PM, UUFC Library  
*Come knit or crochet shawls for UUFC members who are in distress or celebrating great joys. All levels welcome.*
- **UUFC Weekly Potluck**, Wednesday October 7, 6:00 PM, UUFC Social Hall  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All welcome.*
- **Insight Meditation**, Friday, October 9, 10:30 AM, UUFC Rm 9  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required - all you need is a desire to end suffering.*
- **Kirtan**, Friday October 9, 7:00 PM, UUFC Rm 7  
*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*
- **UU Path Class**, October 10, 9:00 AM, UUFC Social Hall  
*Second in the 3-part Path to Membership classes for those new to Unitarian Universalism or to the UUFC. Learn about UU history and ways to get involved in our Fellowship. Registration is required. Sign up at the Welcome Table.*
- **Membership Class**, October 11, 12:30 PM, UUFC Library  
*Third in the 3-part Path to Membership classes for those interested in becoming members of the UUFC. Participants will learn about the rights and responsibilities of membership, and have the opportunity to formally become members of the UUFC. Sign up at the Welcome Table.*

## **Plan Ahead**

- **Vegetarian Potluck**, October 18, 5:00 PM, UUFC Social Hall  
*Bring a vegetarian or vegan dish large enough to share, with a list of all. Bring your own utensils and dinnerware to minimize kitchen use. For more information, contact Bob Scott (541-753-1941).*

## **Next Sunday: October 11, 9:30 & 11:00 AM**

"Ministry Means 'Being With' "

*the Committee on Ministry*

Religion is essentially about relations, and religion at its best facilitates right relations. In the context of religion, ministry is an intentional way of being in relation to others with the aim of fostering, supporting and nurturing right relations. Our Committee on Ministry is charged with supporting and expanding ministry within and from the UUFC. Members of the committee will share stories of ministry at its best.

*Spirit of Life, help us remember that we shape our parts of the world in every moment. Help us to learn and to grow in our ability to fill our relationships with ever more peace and justice.*

*“Wherever you go, preach. Use words if necessary.”  
- St. Francis of Assisi*

**Multicultural Competence (Working with Our Differences): Saturday, October 24, 9:30 AM**

Join Jill McAllister and Ann Mbacke for an introduction to multi-cultural competency, or how to effectively live and work with differences – cultural, ethnic, racial and more. We’ll learn about a developmental model of competency which will be a great foundation for justice work in the coming years. This work supports our entire mission: explore, love, and act. UUFC Room 6, 9:30 AM-3:00 PM. Questions? Contact DRE Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org), 541-752- 5218 x226).

**Our Whole Lives (OWL) Parent Orientations**

Starting in January of 2016, we will be offering Our Whole Lives (OWL) Sexuality Education classes for Kindergarteners through 12th Grade. Our Whole Lives is age-appropriate curriculum developed by Unitarian Universalist and United Church of Christ-Congregationalist educators.

Our Whole Lives is based on values of self-worth, sexual health, responsibility, justice, and inclusivity. Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

In order for children and teens to participate in OWL, parents are required to attend an orientation in advance, to learn about the program and pre-register their children and youth. Parent orientations will be held in room 7 on Sunday afternoons in November, after second service worship. See the schedule below for dates. Contact DRE Michael Molk to arrange for childcare, or for more information ([molk@uucorvallis.org](mailto:molk@uucorvallis.org), 541-752-5218 x225).

**OUR WHOLE LIVES  
PARENT ORIENTATION SCHEDULE**

**9th-12th Graders**  
Sunday, November 1st, 12:30-2:00 PM

**5th/6th Graders**  
Sunday, November 8th, 12:30-2:30 PM

**7th/8th Graders**  
Sunday, November 15th, 12:30-3:00 PM

**K/1st Graders**  
Sunday, November 29th, 12:30-2:30 PM

**Social Concerns and Action Lunch: October**

The Social Concerns Committee will raise money for UUSC’s Nepal Education Project to help rebuild schools. 5,000 schools were destroyed in the April earthquake. UUSC is partnering with Chetana, a grassroots teacher-run organization, which is focusing on junior schools in the Gorkha, Lamjung, and Tanahu districts. Student populations there are respectively largely from scheduled castes and tribes (Dalits), who historically face discrimination.

**Childcare Training: Sunday, October 11, 12:30-1:30 PM, UUFC room 7**

This training is for any UUFC teens who would like to provide childcare, either for pay or as service to our community. Once trained, teens may be called upon as helpers with younger children in RE on Sunday mornings, for other UUFC events, and as babysitters for UUFC parents. Contact DRE Michael Molk for more information: [molk@uucorvallis.org](mailto:molk@uucorvallis.org).

**Nature-wise Information Session: Monday, October 19, 6:00 PM, UUFC Social Hall**

Interested in the Wheel of the Year, or in nature-based rituals? This year Nature-Wise instructor Jessica Heiler will offer a year-long immersion program in the Nature-Wise approach to creating nature-connected rituals and community.

There will be an information session and potluck dinner on Monday, October 19, in the Social Hall. Come to hear information about the program and give input on how this program may be structured. Bring a dish to share, utensils and plate, and, if you feel inspired something beautiful from nature to celebrate autumn. For more information, contact Cliff Pereira ([peartree15@comcast.net](mailto:peartree15@comcast.net), 541-760-4541) or Jessica Heiler ([contact@jessica-heiler.com](mailto:contact@jessica-heiler.com)).