



# THE WEEK AHEAD

November 1-8, 2015

Upcoming Services & Events at the UU Fellowship of Corvallis

## **Today: Sunday, November 1, 2015**

- **November Action Lunch**, 12:30 PM, UUFC Social Hall  
*Proceeds will benefit the South Corvallis Food Bank, an organization which serves an average of 300 families a month, representing over 1,000 adults and children*
- **Parent Orientation for 9th-12th Grade OWL**, 12:30 PM, UUFC Rm 7  
*Required before 9th-12th graders may participate in the Our Whole Lives program. See reverse for details.*
- **Wheel of the Year Samhain/Solar Winter Service**, 7:00 PM, UUFC Sanctuary  
*Please join us to honor the beginning of the three months of greatest darkness and draw upon the gifts of our ancestors to inspire us in our lives. Bring photos of ancestors for the altar and fingerfood to share after the event.*

## **The Week Ahead: October 26-November 1, 2015**

- **UUFC Weekly Potluck**, Wednesday, Nov 4, 6:00 PM, UUFC Social Hall  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All welcome.*
- **Pastie-Making Party**, Thursday, Nov 5, 9:30 AM-12:30 PM AND 12:30 PM-3:30 PM, UUFC Social Hall  
*It's pastie-making season again! Come share in making pasties (savory filled pastries) to sell at our Holiday Bazaar.*
- **Insight Meditation**, Friday, Nov 6, 10:30 AM, UUFC Rm 9  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*
- **Kirtan**, Friday, Nov 6, 7:00 PM, UUFC Sanctuary  
*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*
- **Parent Orientation for 5th/6th Grade OWL**, 12:30 PM, UUFC Rm 7  
*Required before 5th/6th graders may participate in the Our Whole Lives program. See reverse for details.*

## **Plan Ahead**

- **Autumn Dance with The Flow**, Saturday, November 14, 7:00 PM, UUFC Social Hall  
*Listen and dance to the sounds of local band The Flow, original Willamette Valley rock n' roll. \$5 suggested donation.*
- **FestEvent Thanksgiving Gathering**, Thursday, November 26, UUFC  
*Gather for our annual congregational shared meal. All are welcome. Sign-up: Sundays Nov. 8 & 15.*
- **Holiday Bazaar**, Saturday, December 5, UUFC  
*The annual UUFC Saturday event, with opportunities to purchase local art and handcrafts, baked goods and jams, lunch, environmentally-sound "recycled" gifts, and more. Save the date, and watch for volunteer sign-ups!*

## **Next Sunday: November 8, 9:30 & 11:00 AM**

**"Waiting for the Big One"**

*Rev. Jill McAllister*

Immigration crises, systemic racism and police brutality, impending financial crisis again, and oh – don't forget climate change... what else can happen? On the west coast of the USA we're now adding The Big Earthquake to our short list. How to live in these times, without being in despair or in denial? Can our religious lives hold us steady?

*When life moves through us, in anger or joy, grief or passion,  
let us turn its power to serve peace and justice, within us and around us.*

## **TODAY: Action Lunch**

After the 11:00 service today is the November Action Lunch. Proceeds will benefit the South Corvallis Food Bank, an organization which serves an average of 300 families a month, representing over 1,000 adults and children. Come purchase lunch, hear a presentation about SCFB, and learn how you can get involved.

## **TONIGHT: Wheel of the Year: Samhain/Solar Winter**

The Wheel of the Year gathering for Samhain/Solar Winter will be held in the UUFC Sanctuary tonight (Sunday) at 7:00 PM. Samhain signifies the end of the growing season and the beginning of the coldest half of the year, a time to honor our ancestors and learn from their wisdom and life experiences. Bring photos of ancestors for the altar and fingerfood to share after the event. For more information: Cliff Pereira ([peartree15@comcast.net](mailto:peartree15@comcast.net), 541-760-4541).

## **Guest Artists for Kirtan Meditation Circle**

This Friday, November 6, the Kirtan Meditation Circle will be led by guest artists *Narayani*, a three-woman kirtan band from Eugene, headed by Laura Kemp. For more information, see <http://www.laurakemp.com/narayani/>. This week the Kirtan Meditation Circle will be held in the UUFC Sanctuary, 7:00-8:30 PM. Donations will be gratefully accepted to support these traveling musicians.

## **Hearing Aid Loop Repaired**

We believe that the hearing aid loop in the Sanctuary has been repaired. Your help is needed to confirm this! If you use the hearing aid loop today, please email Wolfgang Dengler at [wolfdengler@earthlink.net](mailto:wolfdengler@earthlink.net) and let him know whether it's working for you.

## **Pastie-Making Begins Again**

Last year Fellowship members made hundreds of Cornish pasties to sell at our Holiday Bazaar, both for lunch during the Bazaar and frozen as take-home meals for later. Pasties are savory pastries filled with chopped vegetables and (sometimes) meat. Now that the Bazaar is on the horizon, it's time to begin making this year's pasties. This week's Pastie-Making Party date is Thursday, November 5, with sessions from 9:30 AM-12:30 PM, and from 12:30 PM-3:30 PM. Join in if you can, or watch for later dates. Meet in the UUFC kitchen; instruction provided.

## **Our Whole Lives (OWL) Parent Orientations**

OWL, the sexuality education class developed by Unitarian Universalist and United Church of Christ-Congregationalist educators, will be offered at all levels for children and youth this winter. A parent orientation is required before children and youth may be enrolled in the class.

**TODAY:** orientation for parents of 9th-12th graders. **NEXT SUNDAY:** orientation for parents of 5th/6th graders.

We are pleased to announce that this year, OWL classes will be open to children from our area even if their parents are not affiliated with the UUFC. Please invite those you know who might be interested. Contact DRE Michael Molk to arrange for childcare during orientation or for more information ([molk@uucorvallis.org](mailto:molk@uucorvallis.org), 541-752-5218 x225).

## **Class Offering: Media Literacy Skills for Parents to Teach Children & Youth**

Learn how to teach important media literacy skills to your children and youth (or grandchildren) based on your own beliefs and values, as well as their personalities. Using example TV clips, we'll discuss and practice techniques to limit, guide, and educate children's use of electronic media to take advantage of the positive aspects and minimize negative ones. Child care available by request-please let Rachel Ozretich know that you need it. Classes offered Saturdays Nov 7 and 14, 10:30 AM-12:00 PM, UUFC Rm 9.

"Spirit of life, I know that I am one of the lucky ones. I know that I am meant to serve, gifted with health and skill and spiritual and material wherewithal to do my work in the world. Help me to make these wilderness days of uncertainty, of yearning, of disequilibrium an experience of learning about myself and others. Renew my appreciation for the precious gift of life and remind me that even when things aren't going my way, they're going my way."

—Denise Taft Davidoff