



# THE WEEK AHEAD

Nov 27- Dec 3, 2016  
Upcoming Services & Events at the UU Fellowship of Corvallis

## **Today, Sunday, Nov 27, 2016**

*~Please join us after the service in the Social Hall for coffee. Introduce yourself to someone you don't know.*

*~12:45 PM 7 Principles Café, Room 7. Come enjoy food and conversation about the Second Principle of the UUA,*

*'We covenant to affirm and promote justice, equity and compassion in human relations.' Led by David Sundquist.*

*~Sign up for Connect Up, Winter Lights Open House, young adult gatherings, and more.*

## **The Week Ahead: Nov 28-Dec 3, 2016**

**Office hours:** Mon & Wed, 10:30 AM-1:30PM and Tues & Thur, 9:00 AM-2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 4:00 PM (SH)
- **Work Parties for Winter Lights Open House**, Mon, Tues, Wed, and Thur.

*See sign-up sheets in the foyer to add your name and join in the fun.*

- **UUA Common Read Book Group**, Tue Nov 29, 7:00 PM (9)

*The Third Reconstruction: Moral Mondays, Fusion Politics, and Rise of a New Justice Movement book group.*

*Contact: Susan Breckenridge (sbreck@peak.org).*

- **Women's Lunch Bunch**, Wed Nov 30, 1:00 PM (North Co-op)

*Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf ([dewaldorf@comcast.net](mailto:dewaldorf@comcast.net)).*

- **Conference Call: Support for Water Protectors at Standing Rock, ND**, Wed Nov. 30, 4:30 PM

*Join the call, at UUFC or home, to find out how to support and stand in solidarity. Info: [minister@uucorvallis.org](mailto:minister@uucorvallis.org)*

- **Weekly Potluck Supper**, Wed Nov 30, 6:00 PM (SH)

*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.*

- **UUFC Choir Rehearsal**, Wed Nov 30, 7:00 PM (SFH & 6B)

- **Capoeira Angola**, Thur Dec 1, 6:00 PM (SH)

*This is an African Brazilian art form. The practice builds physical balance, strength, and endurance.*

- **Climate Justice Committee**, Thur Dec 1, 7:00 PM (LIB)

- **Insight Meditation**, Fri Dec 2, 10:15 AM (9)

*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*

*Contact: Mary Leigh Burke ([maryleigh.burke@gmail.com](mailto:maryleigh.burke@gmail.com)).*

- **Winter Lights UUFC Open House**, Fri Dec 2, 4:00 – 8:30 PM (SH/K, Foyer, Gallery, 6BC)

*A cozy evening of Fellowship artists; specialty foods; café with wine, beer and cider; music, and more. Sign up sheets available today, Sun Nov 27.*

- **Kirtan Meditation**, Fri Dec 2, 7:00 PM (7)

*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*

- **Building Workparty**, Sat Dec 3, 9:00 AM – 12:00 PM (UUFC)

*The UUFC Building Maintenance Committee is hosting a workparty to tend to building needs. Contact Nick Houtman ([nickhoutman8@aol.com](mailto:nickhoutman8@aol.com)) to volunteer.*

## **Plan Ahead**

**Dec. 15** 7:00 PM Quiet, evening Vespers Service, with Elizabeth Sollie

**Dec. 18** 3:00 PM Wheel of the Year Yule (Winter Solstice) Ceremony

**Dec. 20** 5:00 PM Annual Christmas Carol Sing-a-long for all ages

**Dec. 24 Christmas Eve** – 2 services, at 5:00 PM (family centered), and 9:00 PM (meditation and music)

**Dec. 25 Sunday, Christmas Day** – one service only, 11:00 AM, followed by a potluck brunch, for all ages

## **Next Sunday: December 4, 9:30 and 11:00 AM**

**“Different Ways to Wait”**

*with Rev. Jill McAllister*

We are in a time of waiting, to see what will emerge from a time of much strife. We hope for the best, and it is hard to feel settled. Over time, much has been learned in and from waiting, and it might help us to consider some of those lessons.

*Courage means to have in our hearts the bravery to do what we must, even when we are scared. May we be brave.*

## **Connect Up -- Sign up today to host or join in December activities**

For information, contact Wendy Sutton ([connect@uucorvallis.org](mailto:connect@uucorvallis.org)), or visit Connect Up on the UUFC website [http://uucorvallis.org/?page\\_id=3776](http://uucorvallis.org/?page_id=3776). December events will be posted online shortly after the sign up.

## **Winter Lights UUFC Open House, Friday, Dec. 2, 4:00 – 8:30 PM**

Come out, and come in to a cozy winter evening at the Fellowship. Enjoy the café, with wine, beer and cider; buy gifts from Fellowship artists; specialty foods for sale; four short concerts by Fellowship musicians: children's holiday craft-making, and more. Sign up today in the foyer, or call the church office, to donate food and goods, or to help with the event.

## **Needed: Help with young children during 9:30 AM Sunday worship**

We're seeing more children, ages 4-5-6, coming to the Fellowship with their parents during Sunday 9:30 AM worship. We need to add a play session for these children, separate from the infant/toddler care already provided at that time. You can still attend 11:00 AM worship while helping with this much-needed service. To volunteer, speak with DLRE Michael Molk or RE Associate Rachel Kohler or email [molk@uucorvallis.org](mailto:molk@uucorvallis.org).

## **New to the Fellowship? Welcome! First Steps Orientation session today, Nov. 27, 11 AM**

Once a month we offer a one-hour First Steps orientation session. If you are new to UUFC, exploring Unitarian Universalism for the first time, and trying to find your way around the Fellowship, this is for you. At our First Steps class, you'll find out more about us, how we connect, and get a tour of the building. This First Steps class is offered every 4th Sunday during the school year at the new time of 11:10 AM. For more information, contact the First Steps coordinator, Elona Meyer ([elonameyer@msn.com](mailto:elonameyer@msn.com)). Each quarter, we also offer two classes as part of the formal membership exploration process – UU Path and Membership. Register at the Welcome Table on Sundays.

## **Building Work party, Saturday, Dec. 3, 9:00 AM – 12:00 PM. Volunteers Needed!**

An annual work party to tend to our building as winter begins. E-mail Nick Houtman ([nickhoutman8@aol.com](mailto:nickhoutman8@aol.com)) if you can volunteer. On the list: roof cleaning; installing lights; dusting mobiles, lights and heaters; checking for rodents; washing windows; paint touch-ups; removal of a dead tree; raking leaves; and more! Coffee and refreshments available starting at 8:30 AM.

## **Winter Care Packages for Elementary Children**

Fellowship member and Garfield School teacher Karrie Woodruff invites your help making Winter Warmth Care Packages for low-income and housing challenged children and families. Each package will contain pajamas, a bedtime book, a stuffed animal, a cozy blanket and a fresh pillow case. The goal is 200 packages. For more information and to help, contact Karrie ([karriewoodruff@gmail.com](mailto:karriewoodruff@gmail.com) or [541-760-3744](tel:541-760-3744)).

## **Coming of Age (COA) for 7th/8th Grade Youth – Register by Dec. 18**

Contact DLRE Michael Molk ([molk@uucorvallis.org](mailto:molk@uucorvallis.org) or 541-752-5218 x225) for more information and to sign up.

## **Holiday Singing, Tuesday, December 20 at 5:00 PM.**

Join in the Fourth Annual Christmas Carol Sing-a-long. Then, children and youth (and their parents!) are invited to sing in a Children and Youth Choir for Christmas Eve, with rehearsals after the sing-a-long on December 20 and before the service on December 24.

## **Adult RE Class Proposals Needed**

Do you have an idea for an adult Religious Education or Spiritual Growth class you would like to teach or lead this winter? Please fill out a proposal form. You can find them on the UUFC website under *Religious Exploration*>*Adult RE*>[Adult Religious Exploration Programs Proposal Form](#). Once you fill it out you can put it in the intern mailbox or give it to Elizabeth Sollie. Elizabeth, or anyone on the steering committee, can answer questions and/or help with the form.

## **Community Holiday Concerts**

Fellowship singers invite you to several concerts this season: Confluence: Willamette Valley LGBT Chorus presents "Jingle My Bells" at the UUFC on Sunday, December 11<sup>th</sup> at 4:30 PM. Tickets available from chorus members, online and at the door. No one will be turned away because of inability to pay. More information at [confluencechorus.org](http://confluencechorus.org). Jubilate! The Women's Choir of Corvallis, performs again at the Fellowship December 22, 6:00 PM and 8:00 PM. Tickets and information available at [www.jubilatechoir.org/](http://www.jubilatechoir.org/).