



THE WEEK AHEAD

May 7 – 13, 2017

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, May 7, 2017

- ~Final Informational Sessions to move toward consensus on the Building Enhancement Project. 8:45 AM (Social Hall) and 12:15 PM (Gallery). Join us to learn about the six key priorities.
- ~Action Lunch benefiting Planned Parenthood today after the second service in the Social Hall. \$5 donation.
- ~Art Exhibition Meeting today at 12:30 PM in Room 7.
- ~Partner Church Committee Meeting today at 12:45 PM in the Library.
- ~Interrupting Oppression Training today at 1 PM in the Sanctuary/Fellowship Hall. Pre-registration required. Check with Jamie Petts today to inquire if there is still room to participate.
- ~For more information about Unitarian Universalism and this congregation, contact First Steps coordinator, Elona Meyer (elonameyer@msn.com).
- ~Join us after the services in the Social Hall for coffee and conversation. Introduce yourself to someone you don't know.
- ~Fellowship Care and Support Team listeners are available for anyone looking for support. Ask at the greeter desk.

The Week Ahead: May 8-13, 2017

Office hours: Monday and Wednesday 10:30 AM – 1:30 PM; Tuesday and Thursday 9:00 AM – 2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 4:00 PM (SH)
- **Spiritual Activism Support Group**, Mon May 8, 6:30 PM (9)
- **Women's Lunch Bunch**, Wed May 10, 1:00 PM (North Co-op)

Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net).

- **Weekly Potluck Supper**, Wed May 10, 6:00 PM (SH)

Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.

- **Adult RE Steering Committee**, Thur May 11, 3:45 PM (7)
- **Capoeira Angola**, Thur May 11, 6:00 PM (6ABC)
- **Dances of Universal Peace and Potluck**, Thur May 11, 7:00 PM (SFH)

Dancing, followed by a Potluck in the Social Hall.

- **Fellowship Care and Support Team**, Thur May 11, 7:00 PM (7)
- **Corvallis Transgender Support Group**, Thur May 11, 7:00 PM (9)
- **Young Adult Group**, Thur May 11, 7:15 PM (10)
- **Insight Meditation**, Fri May 12, 10:15 AM (7)

Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).

- **New World Kirtan Band**, Fri May 12, 7:00 PM (SFH)

Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.

- **Men's Monthly Gathering**, Sat May 13, 9:30 AM (7)

Friendly conversation with Fellowship men. Join us!

- **Services Auction**, Sat May 13, 5:30 PM (SH/SFH/K/8)

UUFC 35th Annual Services Auction. Finger-foods potluck dinner begins at 5:30 – Super Hero theme.

Plan Ahead

- ~May 20 UUFC Choir Showcase and Dessert. 7:00 PM
- ~May 21 UUFC Annual Meeting. Join us for a light lunch after the second service.
- ~May 21 Singer/Songwriter Peter Mayer returns to UUFC for a concert. 4 PM. Tickets available at Grassroots Bookstore.
- ~May 22 UUFC Dine-in Fundraiser at Delicias Valley Café, 5-9pm. Come enjoy a delicious dinner and Delicias will donate 20% of food proceeds to the Fellowship if you mention our name. Register here <https://www.groupraise.com/events/30986>

Next Sunday: May 14, 9:30 and 11:00 AM

“Permission to be Happy?”

Rev. Jill McAllister

Activist and anarchist Emma Goldman is often quoted as saying “If I can't dance, I don't want to be in your revolution.” What she really said was more nuanced, but her point remains: even a life dedicated to resistance is still a life, and happiness is part of living fully. The Dalai Lama teaches that happiness is our human birthright. But how can we cultivate happiness in hard times?

May we keep alert to the way things truly are.

Action Lunch Today After the Second Service Benefits Planned Parenthood

Join us in the Social Hall to enjoy a delicious soup and support Planned Parenthood for just \$5. During the month of May we are raising funds and awareness for Planned Parenthood of Southwestern Oregon, with clinics in Salem and Eugene.

35th Annual UUFC Services Auction, Saturday, May 13, 5:30 PM

All are invited to join in this fun and happy evening where we share and bid on offers of goods and services, between us. Dinners, hikes, yard work, wine tasting, artwork, jewelry, monthly pies/bread/soups delivered, singing lessons, childcare – more things than you can shake a stick at are available for sale. We begin at 5:30 PM with a finger-food potluck – please bring something to share. Super hero costumes are welcome (we could use a few super heroes these days).

Final Meetings for Building Consensus on the Building Enhancement Project

With tremendous response to the capital campaign, we can move forward to define exactly what will be in the plan. From many months of congregational input, the Board and the Building Design Team (BDT) have identified six top priorities:

- Meet current code for fire safety and sidewalk requirements
- Conduct structural engineering and soils analyses for upgrading current buildings plus expansion
- Install new heating and ventilating system for the sanctuary, for increased energy efficiency and air quality
- Install new flooring in the sanctuary (also for air quality)
- Build a new social hall, kitchen, and restrooms, with highest possible energy efficiency
- Create a new outflow from parking lot to Elmwood with some additional parking

The Board and the BDT held eight information and discussion meetings in April and May to describe the details and hear more comments, to get a good idea of our shared commitments before the annual meeting on May 21. The last of these meetings are today, **Sunday, May 7** at 8:45 AM (with bagels and coffee/tea!) in the Social Hall and 12 PM in the Gallery.

Fellowship Care & Support Needs Your Help!

The Fellowship Care & Support Team is expanding its pastoral services to provide short-term help for UUFC members: transportation, meals, pet walking, yard work, etc. Sign up today in the Foyer be called on to help provide these services.

The UUFC Annual Meeting is May 21 at 12:45 PM in the Sanctuary/Fellowship Hall

In this meeting, the congregation conducts the business of the Fellowship that enables us to keep functionin for another year. Voting members, please sign the roster in the Social Hall before 12:35 PM. The agenda includes a vote on our plan of action for the Building Enhancement Project. A summary of the six key priorities in that plan is available today, being handed out by members of the Board of Trustees.

Help Support the Corvallis Multicultural Literacy Center For more information on local efforts to save the CMLC from losing their building, please contact Karen Stephenson cedaropionions@gmail.com.

May 21 at 4:00 PM Peter Mayer returns to the UUFC for a concert

Singer/Songwriter Peter Mayer will give a concert on Sunday, May 21 at 4 PM. “Peter Mayer writes songs for a small planet – songs about interconnectedness and the human journey; about the beauty and mystery of the world.” Tickets are available in the UUFC office. \$15 before the show, \$18 at the door. Invite your friends!

Save the Date: May 22 UUFC Dine-In Fundraiser at Delicias Valley Café, 5-9 PM

On Monday, May 22, come enjoy a delicious dinner and Delicias Valley Café will donate 20% of food proceeds to the Fellowship if you mention our name. Register here <https://www.groupraise.com/events/30986> or through Connect-up in the Foyer today, Sunday, April 30.

New to the Fellowship? Welcome!

For more information about Unitarian Universalism and this congregation, contact First Steps coordinator, Elona Meyer (elonameyer@msn.com). Register for upcoming Membership Orientation classes at the foyer Welcome Desk.