

**Explore. Love. Act.**

We gather as an inclusive religious community to search for meaning, build deep connections, and inspire action toward a better world for all.

**ORDER OF SERVICE**

9:30 and 11:00 a.m.

**THE GATHERING OF THE COMMUNITY**

(COMING FROM GRATITUDE)

MUSIC FOR GATHERING

WELCOME Dianne Roth

INTROIT *“Here Together”* *David Glasgow*  
*We are here, here together in this holy moment, and we’re grateful for the winding road that brought us to this place.”* (repeat)

OPENING WORDS

LIGHTING OF THE CHALICE 9:30 a.m. Craig Olbrich  
11 a.m. The Riley Family

SHARED SINGING #1018 *“Come and Go With Me”*

**AFFIRMING OUR CONNECTIONS**

(HONORING THE PAIN OF THE WORLD)

STORY FOR ALL AGES Ann Mbacke

SHARED SINGING #1018 *“Come and Go With Me” vs. 2*

SHARING OF SORROWS AND JOYS

SHARED SINGING  
# 1031 *“May I Be Filled With Lovingkindness”*

SPOKEN MEDITATION AND SHARING OF SILENCE

MUSIC FOR REFLECTION

**SEARCHING FOR WISDOM AND INSPIRATION**

(SEEING WITH NEW EYES)

READING Dee Denver

SERMON *“Buddhism and Science: Discovering the Logic of Compassion Through the Four Noble Truths”*

THE OFFERING  
*If you are visiting today, we do not expect you to contribute. If, however, you feel moved to help support our shared work, we welcome your contribution.*

MUSIC FOR REFLECTION *“This Pretty Planet”* Choir

GIVING THANKS FOR ALL THAT SUSTAINS US  
From the countless gifts we each have been given, gifts of life and love and sustenance, we bring these small portions, to share in the works of love which none of us can accomplish alone.

**RETURNING TO THE WORLD**

(GOING FORTH)

ANNOUNCEMENTS

CLOSING SONG *“Here Together”* *David Glasgow*  
*We have spent time together, and these holy moments give us strength to go down the winding road until we meet again. (repeat)*  
*And my prayer for you is a peace that’s true (pause)*  
*until we meet again.*

CLOSING WORDS

**WORDS FOR REFLECTION**

I usually describe the essence of Buddha dharma in two sentences: If you can, help others, serve others. If you can’t, at least refrain from harming others.. In order to help others or refrain from harming others, there need to be reasons. There should be a reason why we need to practice ahimsa or non-violence, and why we need to serve others or refrain from harming them. The rationale for engaging in a way of life of non-violence, refraining from harming others or engaging in altruism, is the appreciation of the interdependent nature of reality.

*The Dalai Lama*

*This month’s Social Concerns Collection, and after-service bake sales support Seeds for the Sol, a local non- profit organization which helps make solar energy affordable for everyone.*

House Manager: *Brenda Sallee*  
Flowers: *Jan Wilcox*

The UUFC is a UUA Green Sanctuary congregation and an endorser of the Earth Charter.  
We welcome and celebrate the presence and participation of transgender, gay, lesbian, heterosexual and bisexual people.  
We are an official Welcoming Congregation of the UUA.



*Please turn your hearing aid switch to the "T" setting to receive an enhanced signal from our hearing aid loop system.*

*We respectfully request that you not wear scented products to church in consideration of those with allergies.*

## MEETINGS, EVENTS AND ACTIVITIES

### **Today, May 10, 2015**

- ~ Please join us after services in the Social Hall for refreshments and conversation. Introduce yourself to someone you don't know.
- ~ Women's Retreat registration is available today
- ~ The Microcredit Committee is offering plants and pottery for sale today after both services, in the north end of the social hall.
- ~ Readings to share for May are available in the foyer.

### **This week at the UUFC**

**Mon. May 11** 7 p.m. Board of Trustees

**Tues. May 12** 7 p.m. World Religions Class, *with Jill McA.*

*This month: Buddhism*

**Wed, May 13** 9:30 "The Enneagram in Relationships: Nine Points of View" Registration required. For more information, <http://www.lindaacarroll.com/events.html>

1 pm Women's Lunch Bunch – North Co-op

~ 6 pm Potluck Supper, Social Hall

~ 7 pm UUFC Choir *New singers always welcome*

~ 7 p.m. Living With Loss *an open group for any who are in the midst of loss, illness, grief, change, etc. With Jill McAllister*

**Fri. May 15** 10:30 am Insight Meditation, Room 9

*A practice taught by the Buddha - no experience needed.*

~ 7 p.m. Kirtan Chanting and Meditation Circle, Rm 7

**Sat. May 16** 8:30 a.m. Men's Spring Work Party

~ 6 p.m Potluck Supper and Presentation with visiting

Transylvanian minister/theologian and Balazs scholar Sandor Kovacs. All are invited!

### **Next Sunday, May 17, 2015**

~ 9:30 & 11 a.m. "The Three Jewels" Jill McAllister with guest

Rev. Sandor Kovacs from Transylvania

~ 12:30 p.m. UUFC Annual Meeting – *all voting members gather to approve plans and budget for 2015-16.*

~ 4 p.m. Memorial Service for Jean Gilbert Sr.

### **Plan Ahead**

**May 24** In worship we'll remember and honor those who have died in the past year. Let Jill know of names of those to include.

**May 31** 7 p.m. UUFC Choir presents *Missa Gaia*

The UUFC choir and invited instrumentalists will perform this environmental liturgy of contemporary music. This Earth Mass uses some traditional mass components mixed with other text, hymns, instrumental parts, and recordings of the calls of wolves, whales, and more. You won't want miss it!

**NEWCOMERS AND VISITORS:** Welcome! Please stop at the Greeter Desk in the foyer to sign a Connection Card and obtain information. *If you are interested in joining the UUFC at this time, please stop at the Greeter Desk, or contact the minister, Jill McAllister, at [minister@uucorvallis.org](mailto:minister@uucorvallis.org)*

### **RELIGIOUS EXPLORATION (RE) For Children and Youth:**

Childcare is available for babies and toddlers during the 9:30 and 11:00 AM worship services. Religious Exploration classes are offered for all children pre-school through high school during the Sunday 11:00 AM worship services, finishing at 12:15 p.m. *Newcomers, please register your children at the RE registration table in the foyer.*

**PASTORAL CARE: The Fellowship Care and Support Team** is our shared ministry of congregational care and concern. If you or someone you know needs help in time of illness, crisis, or transition, please contact coordinator Diana Vezmar-Bailey, or Nancy Lindsey.

---

**UUFC** depends on the contributions of its members and friends for support—thank you for your help! Those wishing to make a donation may do so during the offering, or leave it in the donation box on the wall by the bulletin board in the foyer.

---

### **Unitarian Universalist Fellowship of Corvallis**

2945 NW Circle Boulevard, Corvallis, Oregon 97330

541-752-5218, [office@uucorvallis.org](mailto:office@uucorvallis.org), [www.uucorvallis.org](http://www.uucorvallis.org)

Office Hours: M-F 9:30 AM to 1:30 PM

Minister: **Jill K. McAllister**

Director of Life Span Religious Exploration:

**Michael Molk**

Religious Exploration Associate: **Ann Mbacke**

Office Administrator: **Yaney LA MacIver**

Music Director: **David Servias**

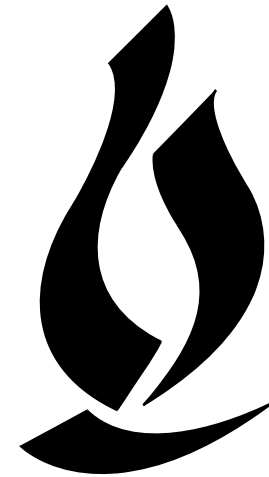
Pianist: **Lauren Servias**

Board of Trustees President: **Kyle Jansson**

Childcare Coordinator: **Barb Holmes**

*The Unitarian Universalist Fellowship of Corvallis is a member congregation of the Unitarian Universalist Association.*

# Unitarian Universalist Fellowship of Corvallis



*May 10, 2015  
9:30 and 11:00 a.m.*

*“Buddhism and Science:  
Discovering the Logic of  
Compassion Through the Four  
Noble Truths”*

*Dr. Dee Denver, Guest Speaker*