



THE WEEK AHEAD

Sept 25-Oct 1, 2016
Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, Sept 25, 2016

~Please join us after the service in the Social Hall for coffee. Introduce yourself to someone if you can.

~12:30 PM Ligh lunch and a workshop with architect and project manager from Di Loreto Architecture firm to discuss our building enhancement design. All are invited and encouraged to join in!

The Week Ahead: Sept 26-Oct 1, 2016

- **Office hours – Tuesday and Thursday, 9:30 AM-1:00 PM**
- **Exercise/Aerobics**, Mon Sept 26, 4:00 PM (SH)
- **UU Identity Class**, Mon Sept 26, 7:15 PM (7) NOT MEETING this week. We'll resume next Monday, Oct. 3. *An overview of Unitarian Universalism led by Rev. Jill McAllister.*
- **Book Study Group: *Waking Up White***, Tue Sept 27, 6:30 PM (9)
Facilitated by Marilyn Walker (mb.walker@comcast.net).
- **Women's Lunch Bunch**, Wed Sept 28, 1:00 PM (North Co-op)
Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net)
- **Exercise/Aerobics**, Wed Sept 28, 4:00 PM (SH)
- **Weekly Potluck**, Wed Sept 28, 6:00 PM (SH/K)
Please bring a dish with a list of ingredients, and your own plate and utensils if possible. All are welcome.
- **UUFC Choir Rehearsal**, Wed Sept 28, 7:00 PM (SFH)
It's not to late to join the choir! Contact: David Servias (music@uucorvallis.org) or just show up.
- **Capoeira Angola**, Thur Sept 29, 6:00 PM (6ABC)
This is an African Brazilian art form. The practice builds physical balance, strength, and endurance. For more information, contact Robert Asinjo (rasinjo@yahoo.com)
- **Building Design Team**, Thur Sept. 29, 7 PM (LIB)
- **Insight Meditation**, Fri Sept 30, 10:30 AM (7)
Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).
- **Exercise/Aerobics**, Fri Sept 30, 4:00 PM (SH)

Plan Ahead

- **UUFC Men's Retreat**, Oct 21-23 (Columbia River Gorge)
Annual retreat at the Menucha Conference Center overlooking the beautiful Columbia River Gorge. Contact Lloyd Wagenschutz for information and registration (541-753-9071 or lpwz124@comcast.net.)
- **Beit Am Mid Willamette Valley Jewish Community High Holy Days at UUFC**
Rosh Hashannah Sun. Oct 2 – Mon. Oct, 3, and Yom Kippur Tues. Oct. 11 and Wednesday Oct. 12. The full UUFC building is in use by Beit Am during these two 24-hour periods.

Next Sunday: October 2, 9:30 and 11:00 AM

“To Reconstitute the World”

with Rev. Jill McAllister

The Jewish season of renewal – the High Holy Days – always provides an opportunity to look at ourselves again, to see more clearly and more honestly whether and how we are living from and toward our ideals. The lessons of this time are universal, and deeply needed as we work to serve the earth, each other, and Life.

*Spirit of Life, help us to turn and return again to our deepest values and the truth
of our interconnectedness in this time of challenge.*

Join us today for a Building Design Workshop, with Architects

What do **salsa** and a **building design** workshop have in common? We don't have the answer, but please come enjoy both at today's workshop starting at (note this corrected time) **12:30 PM**. The Building Design Team will provide a burrito lunch -- tortillas (GF option available), beans, rice, cheese and lettuce --and hope you brought some salsa, homemade or store-bought, to share in before the workshop. Childcare is available for this event.

The workshop is hosted by **Brian Melton, Lead Designer** and **Stephanie Fitzhugh, Project Manager**, from Di Loreto Architecture of Portland. They have extensive experience with building remodel and expansion and 80% of their work is with nonprofit and religious communities in the northwest. They place a high value on using architecture as a tool for building community, and integrate sustainable design and building practices into every project (<http://www.diloretoarchitecture.com>).

Today's workshop will focus on the questions: **"What do we need?"** **How are we currently using our building? What hopes do we have for future work together?** **Capital campaign consultant Jeff Susor** will also be present to **share results of our feasibility study** for funding a building project. All are needed and invited to be part of this and following workshops, as we work together to create a space that will further our mission now and in the future. Please contact any committee members with questions: Marcia Shaw, Kelley Kendall, Chris Bentley, Peter Sanford, and Keith Martin.

Connect Up: Sign-Up Today, Sunday, September 25

The Connect Up committee offers opportunities to gather in a variety of interest-based small groups to better get to know one another. SIGN UP today, Sunday, September 25th, to participate in or to host an activity in October! In September, our Connect Up opportunities included walking, wine tasting, shared meals, indoor and outdoor games, and book discussions. Contact Wendy Sutton to get connected: connect@uucorvallis.org or visit Connect Up on the UUFC website http://uucorvallis.org/?page_id=3776.

Weekly After-Service Snacks – Sign Up Today

After each service, every Sunday, the Social Concerns Committee sets the table of snacks for all to share during the coffee hour, and all enjoy sharing them! There is always a basket on the table for donations, and everyone who enjoys the snacks is encouraged to contribute as we are able. The collected donations help support the monthly outreach to a local or UU organization. This is another way we serve the wider community. And, all of those snacks are donated by us! Please sign up today, at the snack table, to bring snacks at least once this year, or more often if you can.

PBS Documentary: *Defying the Nazis: The Sharps' War*

If you missed watching this PBS film of the story of Unitarian minister Waitstill Sharp, and his wife Martha, who defied hatred and saved hundreds of lives in during the Nazi occupation of Germany, you can [watch it online here](#), or check local OPB schedules. As we engage here in Oregon in the work of countering xenophobia, promoting interfaith connections, and helping refugees, the story of these brave Unitarians is a deep source of inspiration.

New to the Fellowship? Welcome!

Once a month, we offer a one-hour *First Steps* orientation session. If you are new to UUFC, exploring Unitarian Universalism for the first time, and trying to find your way around the Fellowship, this is for you. At our *First Steps* class, you'll find out more about us, how we connect, and get a tour of the building. This *First Steps* class is offered every 4th Sunday during the school year at 9:30 AM. For more information, contact the First Steps coordinator, *Elona Meyer* at elonameyer@msn.com. Each quarter, we also offer two classes as part of the formal membership exploration process – *UU Path* and *Membership*. Register at the Welcome Table on Sundays. The next UU Path class is on Saturday, October 22, 2016, and the next membership class is on Sunday, October 23, 2016.