



# THE WEEK AHEAD

July 17-July 23, 2016  
Upcoming Services & Events at the UU Fellowship of Corvallis

## **Today, Sunday, July 17, 2016**

*Please join us after the service in the Social Hall for coffee. Introduce yourself to someone if you can.*

- **Rummage Sale Collections** Room 8 is now available for items for the August rummage sale

## **The Week Ahead: July 18-July 23, 2016**

- **July office hours – Tuesdays and Thursdays, 9:30 AM-1:00 PM**
- **UUFC Board of Trustees Meeting**, Mon July 18, 7:00 PM (SH)  
*Monthly meeting of the Board of Trustees.*
- **Chronic Disease Support Group**, Tues July 19, 1:00 PM (LIB)  
*Support group for those living with chronic, debilitating diseases.*
- **Addictions Support Group**, Tues July 19, 6:30 PM (7)  
*Support group open to anyone who has a family member or loved one who is living with addiction.*
- **Weekly Potluck**, Wed July 20, 6:00 PM (SH)  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.*
- **Laughter Yoga Labyrinth**, Wed July 20, 7:00 PM (SFH)  
*Laughter Yoga Labyrinths are meditations that focus on peace and growing our inner joy. For more information, contact facilitator Tracy Merritt ([tmcmeritt@comcast.net](mailto:tmcmeritt@comcast.net)).*
- **Capoeira Angola**, Thur July 21, 6:00-8:00pm (SH)  
*This is an African Brazilian art form. The practice builds physical balance, strength, and endurance. For more information, contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)).*
- **Insight Meditation**, Fri July 22, 10:30 AM (9)  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*

## **Plan Ahead**

- **Open Discussion with Jill McAllister**, Sun July 31, 11:15 AM (SFH)  
*One of our summer open discussions about the life of the Fellowship. This time our topic is “How do we make decisions here, and can we improve?”*
- **Rummage Sale**, Sat August 27 (UUFC)  
*Annual fundraiser and recycling event: purchase donated items, ranging from furniture to kitchen things to baby gear to jewelry and more.*
- **UUFC Camping Trip**, Sept 2-4 (Cascadia State Park)  
*Join other UUFC members & friends for an all-ages camping trip! Space is limited to 25 people on the group site. Contact Roberta Smith with questions or to register ([robertasmith2@peak.org](mailto:robertasmith2@peak.org)).*
- **Labor Day Tuna Roast**, Sept 5, 3:00 PM (Avery Park Lions Shelter)  
*A UUFC tradition for 20 years now: the Labor Day potluck and tuna roast! Bring a side dish or dessert to share and choose a volunteer job. For more information, contact Rich Brainerd (541-752-2930).*

## **Next Sunday: July 24, 10:00 AM “The Way Things Are”: A Reader’s Theater**

The voices of black Americans have always been present in American life, but have so often been ignored, unheard, discounted, and not understood by white Americans. This morning we share a collection of readings of mostly contemporary black writers, poets and authors – another chance to listen to “the way things truly are.”

*Spirit of Life, awaken us to the many ways in which  
we might center ourselves and open our hearts.*

## Summer Reading on Racism

This summer, all are encouraged to read at least one book about racism as a step in working toward racial justice. Some important and helpful books include: The Third Reconstruction, by William J. Barber; Just Mercy, by Bryan Stevenson; Between the World and Me, by Ta-Nehisi Coates; The New Jim Crow, by Michelle Alexander; White Fragility, by Robin DiAngelo; The Hidden Wound, by Wendell Berry; and the essay “Whose Earth Is It Anyway?” by James H. Cone (which looks at links between racism and environmental degradation). You may wish to choose a book in coordination with others and form a reading group to wrestle with the ideas.

*“How can I love my neighbor if I don’t know my neighbor? If the only time pulpits ring with ‘racial injustice’ and ‘racism’ is after a national travesty, that plays a role in why we keep having these travesties.”*

–Derwin Gray, pastor of Transformation Church, a multiethnic evangelical megachurch near Charlotte, N.C.

## Rummage Sale Storage Available Now (Sale on Saturday August 27)

Items for the annual rummage sale (our celebration of recycling, reusing and reducing!) may be brought to room 8 for donation throughout the summer, and in August the sale will offer a chance to live our values as we re-use things donated by others and support the UUFC financially with the proceeds of the sale. You can start now to sort out and bring your clean, usable donations of hats, furniture, musical instruments, jewelry, tools, books, lamps, craft materials, kitchen stuff, stationery, gardening and camping gear, tools, bicycles, art, toys, baby gear, children’s clothes, collectibles, and more. (Sorry, we do not sell big exercise machines, old software, older computers/monitors/TVs, paint, poisons, tires, halogen lamps, or broken items – those must be recycled elsewhere. Save adult clothing for the Women’s Retreat fundraiser.)

Please remember that donated items in room 8 are for sale in August – make a note of what you’d like to buy, but don’t remove things prematurely!

## New Staff at UUFC

Jean Gilbert has now switched to focusing solely on her new responsibilities as UUFC Business Manager. Her summer schedule will be variable; her office hours will be announced at the beginning of the regular church year in September. All questions about budgets and finance at the Fellowship should now be directed to Jean, at [businessmgr@uucorvallis.org](mailto:businessmgr@uucorvallis.org).

Church Operations Manager Jamie Petts is in the office on Tuesdays and Thursdays from 9:30 AM until 1:00 PM. Jamie can be reached at [office@uucorvallis.org](mailto:office@uucorvallis.org). A note from her:

*Hello all! After my first full week in the office I am pleased to say I am settling in and starting to learn the summer rhythm of the church. Thank you to everyone who stopped by and made me feel welcome! Please feel free to pop in and introduce yourself when I am in the office, or at the weekly potluck this Wednesday night. I plan to bring my family so that you can meet them, too. I look forward to meeting you all, learning from you, becoming a part of the UUFC community, and helping the Fellowship continue to flourish.*

*All the best,  
Jamie*

## Climate Change Primer Update Available

UUFC and Climate Justice Committee member Charlie Miller has updated his booklet “A Climate Change Primer: The Basic Science.” Copies are available for all who are interested, on the table near in the foyer near the entrance to the Sanctuary/Fellowship Hall.

*“The Unitarian Universalist church and others like it will remain largely segregated until there is a twofold transformation: one in society, the other within the church. First, on a societal level, it is essential that Unitarian Universalists never forget that political and economic freedoms are the mainstay of intellectual freedom, and that inequities and injustice subsequently undermine all freedom. ... Second, within the liberal church, the transformation would begin with the strengthening of our spirituality through an enriched story—a story that exposes our commitment to freedom, shakes up our class bias, sensitizes us to the needs of others, and, finally, inspires us to struggle with others for freedom.”*

– Rev. Mark Morrison-Reed, *Black Pioneers in a White Denomination*