



THE WEEK AHEAD

April 3-10, 2016

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, April 3, 2016

Join us after services in the Social Hall for coffee. Introduce yourself to someone if you can.

- **Action Lunch**, 12:30 PM, Social Hall
Purchase lunch to support WE CARE and hear a presentation about their work.
- **Partner Church Committee**, 1:00 PM, Library

The Week Ahead: April 4-9, 2016

- **UUFC Board of Trustees Meeting**, Mon Apr 4, 6:00 PM (SH)
Potluck and special meeting of the Board of Trustees.
- **Living with Chronic Debilitating Disease Support Group**, Tues Apr 5, 2:00 PM (7)
Support group meeting for those living with chronic debilitating diseases – all who share this are welcome.
- **Weekly Potluck**, Wed Apr 6, 6:00 PM (SH)
Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.
- **Capoeira Angola**, Thurs Apr 7, 5:00 PM (SH)
A movement practice to build physical balance, strength and endurance.
- **Insight Meditation**, Fri Apr 8, 10:30 AM (9)
Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.
- **Kirtan & Meditation Circle**, Fri Apr 8, 7:00 PM (7)
Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.
- **UU Path Class**, Sat Apr 9, 9:00 AM (SH)
Second segment in the 3-step process toward membership in UUFC.
- **Balázs Scholar Dinner and Program**, Sat Apr 9, 6:00 PM (SH)
“Life in a small Unitarian village in Transylvania” presented by Rev László Major, Balázs Scholar. All are welcome.

Plan Ahead (see reverse for details)

- **UU Identity Class: American UU History with David Robinson**, April 12, 19, 26
- **Multicultural Skills for Anti-Racism Work**, April 16
- **UUFC Services Auction fundraiser**, Sat April 30
- **Disaster Preparedness Seminar**, May 7
- **UUFC Annual Meeting**, May 15
- **Choir Concert: John Rutter’s Requiem**, May 22

Next Sunday: April 10, 9:30 AM & 11:00 AM “Blessed Are the Humble!”

Rev. Lazlo Major, Jill McAllister & the Partner Church Committee

“Humility matters. It is at the core of our experience of life. So central is this quality of being that it may be said that humility is, or should be, for a Unitarian Universalist what enlightenment is for a Buddhist, realization is for a Hindu, sincerity is for a Confucian, righteousness is for a Jew, surrender is for a Muslim, and annihilation is for a Sufi. Humility is what others see of our purity of heart!”

*May we have the courage to discern what to put down, what to carry,
and how to help ourselves be more free.*

Dinner and Program with Visiting Transylvanian Minister László Major

Rev. László Major, this year's Francis Balázs Scholar at Starr King Theological School, will visit the UUFC next weekend, April 9 and 10. On Saturday, April 9, all are invited to join in a potluck dinner with Rev. Major at 6:00 PM. After dinner, at 7:00 PM, Rev. Major will share a presentation titled "Life in a small Unitarian village in Transylvania."

UU Path Class

The Spring "UU Path Class" is next Saturday, April 9th, 9:00 AM-12:30 PM in the UUFC Social Hall. This is the second segment in the 3-step process toward membership in UUFC. Those interested in Unitarian Universalism and the UUFC should plan to attend; you will learn about the history of our movement and this congregation, the wide range of things we do, and easy ways to get involved. Facilitated by Rev. Jill McAllister and staff, light brunch included. Please sign up at the Welcome Table so we are prepared. Questions: John Bailey (bailey61@comcast.net)

Multi-Cultural Skills Training, for Anti-Racism Work, Saturday April 16

The Rev. Lois Van Leer, UU minister from Seattle, will join Jill McAllister leading this workshop on multi-cultural skills needed for effective anti-racism work, based on the work of Milton Bennett. We've offered this workshop twice at the UUFC; more than 40 people have already participated. The April workshop will be located at the First Congregational Church, UCC, on West Hills Road, from 9:00 AM-3:30 PM, Saturday April 16. It is open UUFC members and also to people from other congregations and organizations. This is a very useful format for starting to do anti-racism work, if you are looking for a good way to start.

April is Climate Action Month

The UUFC Climate Justice Committee has prepared a booklet we can all use, to raise our awareness and try new ways to alleviate our contributions to climate change. The booklet is available on-line and on the UUFC web site, and printed copies are also available in the foyer. To add to the schedule: **Saturday, April 23, 9:00-11:30 AM at the UUFC, a workshop with Dr. Cybelle Shattuck** from the University of Michigan, sharing findings from her nationwide research about religious congregations actions for climate justice. Hope to see you there.

Spring Adult Programs Brochure Available

The Spring brochure of UUFC Adult Religious Growth and Learning offerings is now available! Access it on our website at http://uucorvallis.org/?page_id=223 or pick up a print copy in the foyer.

UUFC Disaster Preparedness Seminar, Saturday May 7

Has all the scary news about "the Big Earthquake" got you feeling fearful and unprepared? Come to the **first** in a series of UUFC's Natural Disaster Preparedness Seminars, for information, resources, and support needed to "just get started" on emergency preparations for our households and vehicles. The first seminar, "Plan, Prepare, Practice," will be on Saturday, May 7, 9 AM- 1:30 PM. Free – no registration needed. Questions? Contact Wolfgang Dengler at (541-745-5729, wolfdengler3@gmail.com).

UUFC Annual Meeting, Sunday May 15

Mark your calendar and plan to attend the UUFC's annual meeting at 12:30 PM, Sunday May 15, where we'll elect new Board and Nominating committee members, and approve a 2016-2017 budget. The meeting agenda will also likely include an update on building expansion planning, including consideration of a capital campaign. We may also vote on an offer from the Corvallis Zen Center to purchase the neighboring house on Circle Boulevard from the UUFC. Such a vote will require a quorum of 40% of the congregation's voting membership. Please plan to attend.

Choir Concert: Requiem, by John Rutter, Sunday May 22

The UUFC choir will combine with an ensemble of instrumentalists from the community to present one of the most well-known choral works of the 20th century--Requiem by John Rutter. This work, composed in 1985, is a powerful and profound setting of some of the text from the Requiem Mass (Mass for the Dead), and contains text in both English and Latin. Please mark May 22nd on your calendar. The performance, which is about 40 minutes in length, will begin at 2:00 PM in the Sanctuary. Please join us for an afternoon of great music!