



THE WEEK AHEAD

December 27, 2015-January 3, 2016

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, December 27, 2015

- **Celebration of Life for Maryanne Dengler**, 3:00 PM, UUFC Sanctuary
Sharing of stories and memories of Maryanne Dengler. Reception to follow.

The Week Ahead: December 28, 2015-January 3, 2016

- **Kirtan Visioning Evening**, Friday, Jan 1, 7:00 PM, UUFC Rm 7
A special 2016 visioning evening to start the new year.
- **OWL Sessions Start**, Sunday, Jan 3, 12:30 PM, UUFC
OWL sessions start for 7th/8th graders and 9th-12th graders.
- **RhythmAsana**, Sunday, Jan 3, 2:00 PM, UUFC Sanctuary
A unique and joyous blend of yoga, movement meditation, dance, and heart-opening music from all over the planet.

Plan Ahead

- **Living with Depression**, Monday, Jan 4, 7:00 PM, UUFC Rm 6C
A continuing series of discussions, sharing and support for those who are living with depression – theirs or someone else's.
- **Living with Chronic Debilitating Diseases Support Group**, Tuesday, Jan 5, 2:00 PM, UUFC Rm 7
Peer support group for those with chronic debilitating diseases, and their families and friends, to share support and information, and discuss coping strategies, resources, and options. For more information, contact Christine Robins (541-738-2610).
- **UUFC Choir Rehearsal**, Wednesday, Jan 6, 7:00 PM, UUFC Sanctuary
UUFC Choir rehearsals resume. No audition needed; all are welcome to come and sing.
- **UU Path Class**, Saturday, Jan 23, 9:00 AM, UUFC Social Hall
Second in the Path to Membership orientation series. Sign up at the Welcome Desk.
- **Membership Class**, Sunday, Jan 24, 12:30 PM, UUFC Library
Third in the Path to Membership orientation series. Sign up at the Welcome Desk.

Next Sunday: January 3, 9:30 AM & 11:00 AM

“Opening to a New Year”

Rev. Jill McAllister

As religious liberals we take pride in being open to wisdom and truth – but are we really open? What does openness look like and feel like, and do we truly value it? We'll be joined this morning by Lea Bayles, Johanna Beekman, George Beekman, and Lyris Cooper of RhythmAsana, leading a simple movement meditation to help us feel grounded as we open our hearts to community, spirit, and the world.

New Task Force on Equity, Diversity and Inclusion

A new task force on Equity, Diversity and Inclusion, which will explore issues and responses to racism, oppression, and exclusion, has formed. You are invited to contribute your skills to this new task force as we outline specific actions to meet these objectives. Watch the Weekly Announcements for the first meeting date and time coming in January.

One year closes and another opens – it is ever thus. Let us bear our past forward and turn it into wisdom, to guide us in the days to come.

Potluck Brunch and Service Project – TODAY

Stay after the service today to share in a potluck brunch and a service project – assembling toiletry kits for those in need, both here in Corvallis and among Syrian refugees in Greece. Kits for Corvallis will be distributed by Community Outreach (<http://www.communityoutreachinc.org>) and kits for Syrian refugees in Greece will be distributed by Medical Teams (<http://www.medicalteams.org/micro-sites/syrian-refugee-kits>).

Get to know someone over the holidays

Is there someone at the UUFC you've been hoping to meet, or get to know better? Invite them for coffee/tea or a walk over the holiday week. "The most radical thing we can do is introduce people (ourselves) to each other."

Church Office Closed For Holiday Break

The church office is closed for a holiday break and will re-open on Monday, Jan. 4, at 9:00 AM. Staff will be checking phone messages daily.

Living with Depression – yours or someone else's?

Join Linda Carroll, Jill McAllister and Diana Vezmar-Bailey for discussion, sharing and support. Mondays, 7:00-8:30 PM in room 6C: December 28, January 4, 11, 25, February 1 and 8. Come once or twice or as many times as your calendar and energy allow! For more information, contact Diana Vezmar-Bailey (541-740-9006 dianavb@inbox.com). This series is sponsored by the Pastoral Care program of the Fellowship.

Walk with the Seasons: Winter

The Winter session of Walk with the Seasons will be held on Mondays, December 28 and January 4, 4:00-6:00 PM. All are welcome to join in this exploration of our connection with the winter season, both in the outer landscape, as well as in its reflection in us. Participants are then invited to plan on a time between the two sessions, when they can wander alone in a natural area for some length of time (2-4 hours are ideal, but it could be as short as 1 hour). Registration required. Contact Anna Coffman to register or for information (978-760-0910, annabiz1@gmail.com).

Great Decisions: Foreign Policy Discussions

Are you interested in joining a group of community individuals who gather to read and talk about selected US Foreign Policy topics? Contact Sharon Harr (harrhaus3@comcast.net) or Ann Mbacke (reassociate@uucorvallis.org) if you are interested in joining a group which will start meeting in January. A workbook and shared video are the only costs. Detailed information can be found at http://www.fpa.org/great_decisions/.

Energize your new year! – Cafe Justo Coffee

You can help indigenous farmers stay on their land in southern Mexico and support your coffee habit too. Cafe Justo is a cooperative of coffee growers in Chiapas, Mexico. The growers not only get paid a fair price for their beans, but they also own the roaster (made by Sivetz of Corvallis), the packaging and shipping. By benefitting from these value-added steps, the growers are able to have health care and a retirement package. The growers own their land, and grow their shade grown coffee organically in 5 different regions of the volcano Tacana. By growing coffee at different elevations, they are able to harvest year round, ensuring a constant supply of fresh beans.

Coffee is available for purchase after the services in the Social Hall. \$10 will buy you a 1 lb. bag of dark or medium roast, whole bean or ground, decaf, regular or 1/2 and 1/2. Your purchase has a direct and dramatic effect on this community. For more information, contact Nancy Kyle (n.kyle12@gmail.com).

Winter Adult Religious Exploration and Growth Programs

The brochure of winter offerings for Adult Religious Exploration and Growth is available on our website at <http://uucorvallis.org/wp-content/uploads/2015/12/adultprograms-insert121915.pdf> or you may stop by the Adult RE Programs table after Sunday services for more information and to register for classes.

"So often words fail us and we do not know to whom or what to pray. We ask for legs that can walk for peace, arms that can work for justice, voices that can speak with love, hands that can soothe a feverish brow. By our actions and voices may our prayers be sent. Shalom. Salaam. Om. Amen."

– Jane Ellen Mauldin (adapted)