



# THE WEEK AHEAD

December 20-27, 2015

Upcoming Services & Events at the UU Fellowship of Corvallis

## Today, Sunday, December 20, 2015

- **Children's Choir Rehearsal**, 12:30 PM, UUFC Sanctuary  
*Rehearsal for the children and youth choir which will perform at the 5:00 PM Christmas Eve service.*
- **Parent Orientation for 5th/6th Grade OWL**, 12:30 PM, UUFC Rm 7  
*Required before 5th/6th graders may participate in the Our Whole Lives program.*

## The Week Ahead: December 21-27, 2015

- **Shawl Ministry**, Monday, Dec 21, 7:00 PM, UUFC Library  
*Join in knitting and crocheting squares and gifts for UUFC members.*
- **Wheel of the Year Yule Worship**, Monday, Dec 21, 7:00 PM, UUFC Sanctuary  
*Join us to celebrate the longest night of the year and welcome the returning light and new beginnings. Bring your family, something from nature that expresses what this time of year means to you, and finger foods to share after.*
- **UUFC Weekly Potluck**, Wednesday, Dec 23, 6:00 PM, UUFC Social Hall  
*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All welcome.*
- **Children's Choir Rehearsal (Wednesday)**, Dec 23, 6:15 PM, UUFC Sanctuary  
*Rehearsal for the children and youth choir which will perform at the 5:00 PM Christmas Eve service.*
- **Children's Choir Rehearsal (Thursday)**, Dec 24, 4:00 PM, UUFC Sanctuary  
*Rehearsal for the children and youth choir which will perform at the 5:00 PM Christmas Eve service.*
- **Christmas Eve Services**, Thursday, Dec 24, 5:00 PM and 9:00 PM, UUFC Sanctuary  
*The early service of music, carols, stories and sharing for all ages, includes a choir of Fellowship children and youth. The late service of meditations, readings, and silence includes the adult choir. Child Dedication ceremonies included at both services. The offering will be dedicated to our global U-U community. Bring goodies to share after each service.*
- **Insight Meditation**, Friday, Dec 25, 10:30 AM, UUFC Rm 9  
*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.*
- **Celebration of Life for Maryanne Dengler**, Sunday, Dec 27, 3:00 PM, UUFC Sanctuary  
*Sharing of stories and memories of Maryanne Dengler. Reception to follow.*

## Plan Ahead

- **OWL Sessions Start**, Sunday, Jan 3, 12:30 PM, UUFC  
*OWL sessions start for 7th/8th graders and 9th-12th graders.*
- **RhythmAsana**, Sunday, Jan 3, 2:00 PM, UUFC Sanctuary  
*A unique and joyous blend of yoga, movement meditation, dance, and heart-opening music from all over the planet.*
- **UUFC Choir Rehearsal**, Wednesday, Jan 6, 7:00 PM, UUFC Sanctuary  
*UUFC Choir rehearsals resume. No audition needed; all are welcome to come and sing.*

## **Next Sunday: December 27, 9:30 AM (One service only)**

“Sorrows and Joys, and a New Year Ahead”

*Rev. Jill McAllister*

All ages join together (babies and toddlers welcome too) to reflect on the year now passing – its sorrows and its joys – and look ahead to the new year. An abbreviated service, followed by a potluck brunch for all, plus working together to make toiletry kits for shelter residents at Community Outreach Inc. Please bring brunch foods and holiday goodies to share.

*Love, move in us and through us, now and always.  
Bring warmth to our world with your power.*

## **Children and Youth Choir on Christmas Eve: Come sing with us!**

All interested children and youth are invited to sing in a Children/Youth Choir at the 5:00 PM service on Christmas Eve. Previous choir experience is not required. For more information, contact Music Director David Servias ([music@uucorvallis.org](mailto:music@uucorvallis.org)). Rehearsals begin TODAY (Dec. 20), directly after the second service, 12:30-1:00 PM; Wednesday, Dec. 23rd, 6:15 to 6:45; and Thursday, Dec. 24th, 4:00-4:30.

## **Child Dedication: Christmas Eve**

Fellowship members who wish to have their children dedicated at either of the Christmas Eve services (5:00 PM or 9:00 PM) should contact Jill McAllister ([minister@uucorvallis.org](mailto:minister@uucorvallis.org)) by Wednesday Dec. 23. Child Dedication is a Unitarian Universalist tradition of blessing and welcome for babies and children.

## **Christmas Eve Offering to Support the Global U-U Community**

Our offerings at both Christmas Eve services will support the work of the International Council of Unitarians and Universalists, the connection between U-Us in more than 30 countries. The ICUU provides training and mentoring for emerging U-U groups in Africa, Asia and Europe; provides access to ministerial training and education; encourages mutual aid between all U-U groups; and facilitates emergency response as needed, for example recently for UUs in Burundi.

## **Living with Depression – yours or someone else's?**

Join Linda Carroll, Jill McAllister and Diana Vezmar-Bailey for discussion, sharing and support. Mondays, 7:00-8:30 PM in room 6C: December 21, 28, January 4, 11 [not 18], 25, February 1 and 8. Come once or twice or as many times as your calendar and energy allow! For more information, contact Diana Vezmar-Bailey (541-740-9006 [dianavb@inbox.com](mailto:dianavb@inbox.com)). This series is sponsored by the Pastoral Care program of the Fellowship.

## **Boxing Day Service Project**

After our one service on Sunday, Dec. 27, at 9:30 AM, bring a dish for a potluck brunch and stay to help with our service project of assembling toiletry kits for Community Outreach to distribute to homeless members of our community. *Donations are needed:* please bring washcloths, travel size shampoo and toothpaste, new toothbrushes, shaving razors, small bars of soap, other small personal care items, and quart-sized ziplock bags to the collection boxes in the UUFC foyer.

**Cooking for Stone Soup: Crews are full!** Thanks to all who signed up. Details coming via email.

## **Walk with the Seasons: Winter**

The Winter session of Walk with the Seasons will be held on Mondays, December 28 and January 4, 4:00-6:00 PM. All are welcome to join in this exploration of our connection with the winter season, both in the outer landscape, as well as in its reflection in us. Participants are then invited to plan on a time between the two sessions, when they can wander alone in a natural area for some length of time (2-4 hours are ideal, but it could be as short as 1 hour). Registration required. Contact Anna Coffman to register or for information (978-760-0910, [annabizi@gmail.com](mailto:annabizi@gmail.com)).

## **Church Office Closed For Holiday Break**

The church office will be closed on Wednesday, Dec. 22, after 1:00 PM, and will re-open on Monday, Jan. 4, at 9:00 AM. Staff will be checking phone messages daily.

## **Great Decisions: Foreign Policy Discussions**

Are you interested in joining a group of community individuals who gather to read and talk about selected US Foreign Policy topics? Contact Sharon Harr ([harrhaus3@comcast.net](mailto:harrhaus3@comcast.net)) or Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)) if you are interested in joining a group which will start meeting in January. A workbook and shared video are the only costs. Detailed information can be found at [http://www.fpa.org/great\\_decisions/](http://www.fpa.org/great_decisions/).

## **Get to know someone over the holidays**

Is there someone at the UUFC you've been hoping to meet, or get to know better? Invite them for coffee/tea or a walk over the holiday week. "The most radical thing we can do is introduce people (ourselves) to each other."