



THE WEEK AHEAD

September 27-October 4, 2015

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday September 27, 2015

- **Introduction to Chalice Circles**, 12:30 PM, UUFC Gallery
If you are interested in our small covenant groups, or curious about what they are and how they work, come to learn more about this way to grow your spirituality and make deep connections at UUFC. For more information contact Marcia Olsen at marcia.olsen29@gmail.com or 541-661-0889.
- **Vegetarian Potluck**, 5:00 PM, UUFC Social Hall
Bring a vegetarian or vegan dish large enough to share, with a list of all ingredients (including whether the dish is gluten-free). Bring your own utensils and dinnerware to minimize kitchen use. For more information contact Bob Scott (541-753-1941).

The Week Ahead September 29 – October 4, 2015

- **UU Identity Class**, Tuesday, September 29, 7:00 PM, UUFC Rm 7
This five-session program will help us reflect on our UU principles at large, and help us draw on the rich resources of our faith tradition and heritage.
- **UUFC Weekly Potluck**, Wednesday September 30, 6:00 PM, UUFC Social Hall
Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All welcome.
- **Insight Meditation**, Friday, October 2, 10:30 AM, UUFC Rm 9
Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required - all you need is a desire to end suffering.
- **Kirtan**, Friday October 2, 7:00 PM, UUFC Rm 7
Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.
- **Chalice Circle Facilitator Training**, Sunday, October 4, 1:00 PM, UUFC Rm 7
This workshop will cover the basics of Small Group Ministry, the format and guidelines for Chalice Circles, and include role-playing to practice gentle facilitating in a shared group. RSVP to Marcia Olsen at marcia.olsen29@gmail.com or 541-661-0889.

Plan Ahead

- **UU Path Class**, October 10, 9:00 AM, UUFC Social Hall
Second in the 3-part Path to Membership classes for those new to Unitarian Universalism or to the UUFC. Learn about UU history and ways to get involved in our Fellowship. Registration is required. Sign up at the Welcome Table.
- **Membership Class**, October 11, 12:30 PM, UUFC Library
Third in the 3-part Path to Membership classes for those interested in becoming members of the UUFC. Participants will learn about the rights and responsibilities of membership, and have the opportunity to formally become members of the UUFC. Sign up at the Welcome Table.

Sunday, October 4, 9:30 & 11:00 AM

“Our Life Together Can Be Better”

Rev. Jill McAllister

In the coming weeks and months, we will explore the necessary conditions and essential understandings for peace and justice to prevail. These conditions and understandings have to do with ourselves and our own lives – our habits, assumptions, fears, prejudices, aims, personalities and more. “Peace” and “justice” are both descriptions of relationships between people, between people and other living things, between people and the Earth. These states of relation will never simply arrive. They must be lived into, by us, step by step.

Spirit of Justice, Spirit of Peace, stir in our hearts. Move like water, pouring down or gently trickling, and shape us for what we must do.

COMMUNICATION CHANGES: WEEKLY ANNOUNCEMENTS

The weekly eNews has ended. Beginning today, these weekly announcements will be available electronically as well as on paper. The announcements will be printed for Sunday mornings and emailed out Sunday afternoon; they will also be posted to our website. As before, submissions should be sent to news@uucorvallis.org by 12:00 PM (noon) on Thursdays.

NEEDED: SPEAKERS OF LANGUAGES OTHER THAN ENGLISH

The Worship Committee is looking for speakers of languages used by UUs around the world, in order to include translations in our worship services each week. Are you able and interested? Please let Jill McAllister know.

Our Whole Lives (OWL) Parent Orientations

Starting in January of 2016, we will be offering Our Whole Lives (OWL) Sexuality Education classes for Kindergarteners through 12th Grade. Our Whole Lives is age-appropriate curriculum developed by Unitarian Universalist and United Church of Christ-Congregationalist educators.

Our Whole Lives is based on values of self-worth, sexual health, responsibility, justice, and inclusivity. Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

In order for children and teens to participate in OWL, parents are required to attend an orientation in advance, to learn about the program and pre-register their children and youth. Parent orientations will be held in room 7 on Sunday afternoons in November, after second service worship. See the schedule below for dates. Contact DRE Michael Molk to arrange for childcare, or for more information (molk@uucorvallis.org, 541-752-5218 x225).

OUR WHOLE LIVES PARENT ORIENTATION SCHEDULE

9th-12th Graders

Sunday, November 1st, 12:30-2:00 PM

5th/6th Graders

Sunday, November 8th, 12:30-2:30 PM

7th/8th Graders

Sunday, November 15th, 12:30-3:00 PM

K/1st Graders

Sunday, November 29th, 12:30-2:30 PM

Social Concerns and Action Lunch

Social Concerns in October will raise money for UUSC's Nepal Education Project to help rebuild schools. 5,000 schools were destroyed in the April earthquake. UUSC is partnering with Chetana, a grassroots teacher-run organization, which is focusing on junior schools in the Gorkha, Lamjung, and Tanahu districts. Student populations there are respectively largely from scheduled castes and tribes (Dalits), who historically face discrimination. Polly Kaye and Bobbi Hall (and probably others) have spent time helping in this beautiful country where Buddha was born (southern Nepal was culturally Indian then) and where Buddhists and Hindus today live together in peace. Nepal requires that groups helping in Nepal work with local organizations and Chetana seems ideal. Please consider bringing soup or other food to the Action Lunch on Oct. 4 and to weekly snack tables.

"Life is short and we have not too much time for gladdening the hearts of those who are traveling the dark way with us. Oh, be swift to love! Make haste to be kind!"

– Henri F Amiel