

## July 2015 Worship Services

### July 2015

#### Inside this issue:

Upcoming Services.....	1
Between Us.....	2
Words for Reflection .....	2
Care and Music .....	3
Lifespan Religious Exploration .....	3
Program Council.....	4
Justice .....	5
Communication .....	5
The Back Page .....	6
Calendar .....	7
Staff Contacts.....	8

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Summer Office Hours:  
Tuesday-Thursday,  
10:00 AM-2:00 PM

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#### Summer Services at the UUFC, July 5 through August 30:

*“Spiritual Practice and the Ordinary”*

We often think of “the spiritual” and “spiritual practice” as something outside of ordinary daily life, something quite different from cleaning and grocery shopping and paying bills, for example. Yet those activities affect ourselves and our souls in many ways. Could it be that nothing is wasted? That everything we do is a chance to see more clearly?

UUFC members Ann Mbacke, Dianne Roth, David Servias, Monica Jacobson Tennesen, Niya Standish and Wolfgang Dengler will share their thoughts on practices, disciplines and ideas which sustain and nurture them. Jill McAllister will host two services as well. We hope to see you as often as you can come this summer.

#### **Sunday, July 5, 10:00 AM:** “From This We Live” *with Monica Jacobson Tennesen*

What is a gift economy? And what does giving have to do with spiritual growth? We’ll consider some answers to these questions and how they play out both in our individual lives and in our congregational community.

#### **Sunday, July 12, 10:00 AM:** Kirtan Service *with the New World Kirtan Band*

Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm your mind and open your heart. Usually offered in the evening, this Sunday we’ll share a morning Kirtan worship.

#### **Sunday, July 19, 10:00 AM:** “What Don’t You Know?” *with Ann Mbacke*

Embrace the Unknown and be okay with the words “I don’t know ... yet!”

#### **Sunday, July 26, 10:00 AM:** “Small Practices? From Table Grace to Evening Prayer, and More” *with Rev. Jill McAllister*

With inspiration from Peter Mayer's “Everything is Holy Now,” we’ll look at how so-called mundane details of life can at the same time be sources of profound meaning and depth.

## Between Us . . .

I'm a firm believer in the age-old idea that the more you know, the less you really know. I like to think that this is part of the wisdom of aging, that experience teaches us to be a bit less certain that the way we see things is exactly the way things are. I am much more careful than I used to be to question my own assumptions, and much more often. My mantra for this practice is "Don't be so sure..."

Perhaps this perspective comes with the territory, as we UU's tend to be a rather 'know- it- all' bunch. Over the years, I have grown weary of feeling like I have to know something about everything, and of the expectation (from whom?) that I should have an opinion about everything. I'm trying to stay focused instead on a foundational attitude, which I can roughly describe as the knowledge of life and death every day, and the aim to be compassionate and courageous as often as possible.

I try to keep in mind the wisdom of *praxis*, which means to see each day as an opportunity to learn. From a *praxis* perspective, we start where we are, knowing what we know or think we know, we proceed to act from that knowledge, and then – here is the crucial point – we evaluate our actions in light of what we have learned, change our mind as needed, and then begin again. It is a constant practice – to apply knowledge, evaluate and then begin again. Joanna Macy outlined a beautiful approach to *praxis* in her work, and we use this outline every week in our Sunday order of service: we begin in gratitude, honor the pain of the world, see with new eyes, and then go forth to begin again in gratitude.

For me, this *praxis* is the basis for trust. I cannot, and will not pretend to, trust that I know everything I need to know, or that I have all the answers. Instead, I trust that if I am continually open to learning more and to re-visioning what I know, then I will keep moving in a good direction. My trust isn't in things being solid and unchanging. Quite

the contrary. I can only trust in the fluidity of process and of continued growth. It takes practice to stay open, and to be able to review and revise, and this is a practice, which is worth doing, for me.

Beginning in July and continuing in August, a number of UUFC members will share some of the ideas and practices which help sustain them, as part of our Summer Sunday services. The topic for these services, broadly stated, is 'Spiritual Practice and the Ordinary.' Coming in August, there will be opportunities for discussion of a few broad topics of Fellowship life, on some Sunday afternoons and Wednesday evenings – more chances to "see with new eyes.

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*I try to keep in mind the wisdom of praxis, which means to see each day as an opportunity to learn.*

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In July I'll be away from the 13th through the 21st, and at home the rest of the month. I still look forward to getting to know some of you better, so please give me a call if you'd like to get together. In the meantime, may you find some rest and some renewal in these summer months.

See you Sunday – *Jill*

PS – My recent work with the Unitarian Union of Northeast India, in the Khasi Hills, was intense, inspiring, and incredibly rewarding. I'll be posting a report and some photos on the UUFC website, if you are interested to know more.

### WORDS FOR REFLECTION

O Spirit of Life, forgive us for being careless with the hours and days we have been given. Too often, we lend ourselves to unworthy ends and waste the stuff of life. Help each of us to know that life is precious, and our choices do matter, to ourselves and to one another. May we shake off the old garments that no longer fit, and may we dare to ask what does. Love us and lead us, for we want to live before we die.

*The Rev. Marilyn Sewall*

# Care & Music

## Fellowship Care & Support Team

What is a listening companion? When might someone request a listener? These are questions that have come up since the program was announced. Perhaps when you're feeling out of sorts and have lost your enthusiasm for life. Or you struggle with a relationship – with a family member, a co-worker, a good friend. Other possibilities include when you are grieving a loss of a loved one, a pet, a job, your health & strength. Or any situation where you just need a listening ear, no judgments, no advice, just a presence to help you sort out where you are so you can move on.

This program has been developed to increase care and support of people in the Fellowship. One minister. Three hundred plus members. We celebrate our shared ministry.

To sign up for a listener or for more info, contact Diana Vezmar-Bailey ([dianavb@inbox.com](mailto:dianavb@inbox.com), 541-740-9006).

## Drop-in Choir

If you don't want to wait until September to sing in the choir, we'll be having two "Drop-in Choir" days this summer: July 5th and August 9th. Show up in the sanctuary at 9:15 to learn a song or two to sing in the service. Hope to see you there!

# Religious Exploration

## Summer RE for Children and Youth

Summer RE sessions happen every Sunday morning from 10:00-11:00 AM, during the worship service. There are three different age groups:

- Infant/Toddlers in room 5
- Pre-Kindergarteners through 6th grade in room 6A
- Teenagers in grades 7-12 in room 7

Infant/Toddlers have supervised care and play. Children Pre-K through 6th grade will have a different activity each week, on the theme of Interconnectedness. Teens in grades 7-12 will have discussions, worship, and arts & crafts.

## UUFC Hosting Our Whole Lives Sexuality Education Training

Are you interested in being trained to teach Our Whole Lives (OWL) sexuality education for teenagers or adults? This coming September 17-19, our Fellowship is hosting a training for facilitators of 7th/8th, 9th-12th, and adult OWL. We'll be offering OWL classes next year, and we need to train more folks to teach these classes. We're hoping to offer an adult OWL class as well!. Teachers must participate in a training session to be certified to lead a class. Teachers work in teams, and receive support and curriculum from the DRE. Contact DRE Michael Molk to learn more about this opportunity, and to express your interest ([molk@uucorvallis.org](mailto:molk@uucorvallis.org), 541-752-5218 x225).

We also need folks to offer home hospitality for two nights, September 17th & 18th, for out-of-towners coming to take this training. If you have any empty bedroom and are willing to offer home hospitality, please contact DRE Michael Molk ([molk@uucorvallis.org](mailto:molk@uucorvallis.org), 541-752-5218 x225).

## RE Committees Looking for Members

Are you interested in supporting the work of religious exploration here at the Fellowship? We have several RE working groups who provide this assistance: the Lifespan RE Council, which oversees all RE programs; the Children's RE Steering Committee, which provides support to the children's volunteer teachers; the Youth RE Steering Committee, which supports the teen youth programs; and the Adult RE Committee. If you have an interest in any of these age groups, and can offer a few hours each month for the next year, please contact either Michael Molk ([molk@uucorvallis.org](mailto:molk@uucorvallis.org), 541-752-5218 x225) or Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org), 752-5218 x226).

## Adult Religious Exploration

The Adult Programs Religious Exploration Committee meets monthly and plans ongoing for each quarter. We welcome new members to the committee with a specific interest in helping shape programs that explore who we are as Unitarian Universalists bringing meaning to ourselves while bettering the world. For more information or to join, contact Ann Mbacke ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org), 541-752-5218 x226).

**New email distribution lists are coming!** The "About UUFC" Google Group is beginning to malfunction, so we're setting up two new email distribution lists. One will be moderated and function just like About UUFC; the other will be an unmoderated list for discussion. Watch for more details, including how to sign up, in August's newsletter!

## Summer Adult RE Programming

Please see the Adult RE Programs insert for detailed information about summer programs and some of our upcoming fall programs. We are off to a great start and are excited to have you join us for these programs.

We are still open for new requests for programming. If you have a RE related program you want to see here at UUFC please contact Ann Mbacke by email ([reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org)) or after a service. The terms are:

- **Fall term:** mid-September to December 24. Requests are due by August 10.
- **Winter term:** January-March. Requests are due by December 1.
- **Spring term:** April-June. Requests are due March 1.

## Women's Retreat

The 2015 UU Women's Retreat has filled more than half the beds at Silver Falls Conference Center and we are approaching the Early Bird (savings of \$25) registration deadline of July 1. Check with your friends to see if they have registered and make sure you have confirmed your registration by sending a check before the deadline. Rev. Jill will be leading the Friday night and Saturday morning sessions on Bringing Forth Our Best Selves. It should be a wonderful time of self reflection and discovery. And, Joni Zander has promised a reprise of her Dance Party for Saturday night. You won't want to miss the fun! We will have registration materials in the Social Hall on the next two Sundays. Drop in to register or if you have questions. The 2015 Women's Retreat Committee is *Dianne Roth, Valerie Hervey, Janelle Walters, Traci Merritt, Karen Stephenson, Saloma Rometty, Heather Emberson.*

## Program Council

### Rummage Sale

This is a major fundraiser for the Fellowship — over \$7000 last year to support programs and needs — which takes the efforts of many to be successful. The sale is August 29, and there is much to do in the next weeks. More information will be available soon about set-up and the sale.

You can start now to sort out and bring your clean, usable donations. From hats to shoes to housewares, we sell nearly everything. Furniture, musical instruments, jewelry, giftware, tools, books, lamps, craft materials, kitchen stuff, stationery, gardening and camping gear, tools, bicycles, art, toys, baby gear, children's clothes, linens, collectibles. Help the workers by labeling electrical and mechanical items with a note on their working condition. Deliver goods to UUFC Room 8. Store larger items in Room 6C. Need someone to haul larger items? Call Virgil Agnew at 541-758-3658.

*(Sorry, we do not sell big exercise machines, old software, older computers/monitors/TVs, paint, poisons, tires, halogen lamps, or broken items – those must be recycled elsewhere. Save adult clothing for the Women's Retreat fundraiser.)*

We make a great effort to get the sale leftovers to local charities and community groups. Donations help fund church activities and support community partners such as the library, Habitat for Humanity, Heartland Humane Society, South Corvallis Food Bank, CARDV, and others. Contact Kathy Clark (541-753-5097) or Marilyn Walker (541-752-0591) with questions.

## Connect Up This Summer

Connect Up is a fun and easy way for us to get to know each other. These are casual gatherings ranging (so far) from potlucks to box making to croquet in the backyard to tarot card readings. Everyone is welcome (encouraged, even!) to sign up to participate and/or host an activity.

Here are the 5 simple steps to “hosting” a gathering:

1. Pick an activity: scones and coffee, a walk or hike, wine tasting, attending a movie or play
2. Pick a place: your home or yard, a park, downtown, the Fellowship (yes, we'll help you reserve a room)
3. Pick a day and time: whatever works for you – week day morning, weekend evening, et cetera
4. Pick the number of guests: maybe your dining room table seats eight, so you invite 6-7 others, or since Rummikub is a 4-player game you invite 2-3 others
5. Now put it on your calendar and send the info to the Connect Up team at [connect@uucorvallis.org](mailto:connect@uucorvallis.org)

The next Connect Up Sunday is July 19th – so bring your calendar and sense of adventure and Connect Up!

**Communication Change:** For more timely communication, we are now posting “UU Action Items” (justice opportunities for action, education, and connection) to the website at [http://uucorvallis.org/?page\\_id=1135](http://uucorvallis.org/?page_id=1135) as they emerge. Send these items to [office@uucorvallis.org](mailto:office@uucorvallis.org) or [news@uucorvallis.org](mailto:news@uucorvallis.org).

## Path to Membership Classes

- First Steps is first in a 3-part series of membership classes. First Steps classes meet every 4th Sunday from 10:00 – 11:00 AM in the UUFC Library (July 26, Aug. 23). This class offers an introduction to UU’ism and the UUFC, and includes a tour of the building. No need to sign up ahead of time.
- UU Path class, Saturday, July 18, 9 AM to 12:30 PM UUFC Social Hall  
Second in the 3-part Path to Membership classes for those new to Unitarian Universalism or to the UUFC. Learn about UU history and ways to get involved in our Fellowship. Facilitated by the Rev. Jill McAllister. Light brunch food is included. Registration is required. Sign up at the Welcome Table.
- Membership class, Sunday, July 19, 11:30 AM – 12:45 PM, UUFC Library  
Third in the 3-part Path to Membership classes for those interested in becoming members of the UUFC. Participants will learn about the rights and responsibilities of membership, the UUFC’s relationship to regional, national and international Unitarian and Universalist organizations, and have the opportunity to formally become members of the UUFC. Facilitated by the Rev. Jill McAllister. Sign up at the Welcome Table.

Contact Melinda Sayavedra ([sayavedl@onid.orst.edu](mailto:sayavedl@onid.orst.edu)) if you have questions about any of the classes

## Justice

### Social Concerns

The Social Concerns Committee of our Fellowship aims to involve members of our congregation in social action causes by raising funds and awareness for a different charity each month. Activities include action lunches, bake sales, Sunday collections and blood drives for the Red Cross. Local and international charities that we traditionally support each year include the South Corvallis Food Bank, Corvallis Housing First, We Care, Vina Moses, Community Outreach, McKinney Homeless Education, Partner Church (coordinated by Partner Church Committee) and the Unitarian Universalist Service Committee. We also feature a number of new or rotating charities each year. Recently, these have included the Jackson Street Youth Shelter, Parent Enhancement, Benton Habitat for Humanity, “That’s My Farmer”, Center for Rape and Domestic Violence, Mid-Valley Health Care Advocates and Seeds for

Sol. The Social Concerns Committee meets twice a year to discuss and vote on potential charities that are proposed by members of our congregation. Meeting notices are advertised via “About UUFC Googlegroups.” Priority is given to those charities for which there is strong support within the Fellowship and for which our donation has an impact.

This summer we are raising funds for two local charities that help poor children to be successful in school. In June and July, we are helping Vina Moses to purchase school supplies and school clothing. In August and September, we will raise funds for the McKinney Homeless Education Program to help pay for transportation costs, personal hygiene products and fees for sports programs. Jeannie Ramsey is our bake-sale coordinator for the summer. Please consider helping our efforts by donating during Sunday Services and providing refreshments for the bake sale such as a cheese and cracker plate, a fruit or vegetable plate, hard boiled eggs or baked goods.

*Submitted by Sylvia Yamada, Social Concerns Committee Chair.*

## Communication

### UUFC Resource Sharing

As one of our summer communication experiments, the UUFC now has a closed Facebook group for resource sharing! What’s a “closed” Facebook group? It just means that a moderator needs to approve your request to join. This is a venue for the long-requested ability for UUFC members and friends to post their needs and offers to each other. Need a dog-sitter or lawn-waterer? Going to Portland and offering a ride? Try posting to the Resource Sharing group and see what happens.

We’ll try this for the summer and then evaluate whether it’s been useful in the fall. Join the group at [facebook.com/groups/UUFCResourceSharing/](https://facebook.com/groups/UUFCResourceSharing/).

### UUFC Communication Venues

In addition to the monthly newsletter, which you may receive on paper or electronically, the UUFC has a weekly email newsletter with upcoming services and events. You can view past eNews and sign up to receive them at [http://uucorvallis.org/?page\\_id=209](http://uucorvallis.org/?page_id=209). For both the monthly newsletter and the weekly eNews, submit content and corrections to [news@uucorvallis.org](mailto:news@uucorvallis.org).

# The Back Page

Driving seems to bring out the best and the worst in people. It's a place where we can have anonymous, distant personal interactions. There may be hundreds of people we pass, but we don't acknowledging their presence. I find that driving is a source of innumerable examples of how to interact with my fellow human being. Not only that, but driving is something most people can relate to, either as driver or as a passenger.

So how does living a life deeply rooted in faith play out in driving? Here are some questions: What does your faith, what do your beliefs say about...

- ...cutting people off? (Treat others as you would have them treat you...)
- ...obeying traffic laws? (Divine vs. human law)

- ...spending time at red lights? (Meditation and centering)
- ...allowing people to merge in front of you? (Looking out for those in need)
- ...changing lanes and passing? (Communal vs. individual gain)
- ...cursing or honking at others? (Be kind to all)

“How to Drive Like a Minister” is not only about a minister driving - though that is included. It is about a minister living life and reflecting on how faith and “real life” intersect and inform each other.

~ the Rev. Andrew L. Weber, whose blog is titled “How to Drive Like a Minister.”

Read more at <http://drivelikeaminister.tumblr.com>

## Global Chalice Lighting for July 2015

### ENGLISH:

Every time we light a candle, we remember the past. Whoever forgets the past must live through it again. But those who remember the past find in it directions for the present and the future, and can revive tradition in all its richness. It is the duty of each generation to study history, so that in the light of the past it may see clearly what is its own special task. It is our duty too, on this special occasion. —Transylvanian Unitarian Bishop Janos Erdo (1913-1996)

### CHINESE:

每次我們點燃蠟燭，我們記住往事。忘記過去的人，必須從活一次。但那些記得歷史的人，可以從中找到現在和未來的方向，並可以在恢復傳統中找到豐富的智慧。研究歷史是每一代的責任，在往事光芒的照耀下，我們可以明確地看清自己特殊的使命。在這個特殊的場合，也是我們的責任。—Janos Erdo 主教特蘭西瓦尼亞一神論 (1913年至1996年)

### FRENCH:

Chaque fois que nous allumons une flamme, nous nous rappelons du passé. Qui oublie le passé doit le revivre à nouveau. Mais pour ceux et celles qui ne l'oublient pas, le passé est une riche source d'inspiration qui les oriente vers l'avenir. C'est le devoir de chaque nouvelle génération de revoir et de réfléchir à l'histoire. À la lumière du passé, nous comprendrons la mission toute particulière à laquelle nous aurons à nous consacrer. Aujourd'hui, en allumant cette flamme, tel est notre devoir et notre mission. —Transylvanian Unitarian Bishop Janos Erdo (1913-1996)

### GERMAN:

Jedes Mal, wenn wir eine Kerze entzünden, entsinnen wir uns der Vergangenheit. Wer auch immer die Vergangenheit vergisst, ist auf sich gestellt. Aber jene, die sich ihrer erinnern, finden in ihr Orientierung für Gegenwart und Zukunft und können Traditionen in all ihrem Reichtum wieder neu beleben. Es ist die Pflicht jeder Generation, sich mit der Geschichte zu befassen, so dass sie im Lichte der Vergangenheit deutlich erkennt, was ihre eigene esondere Aufgabe ist. So ist dies auch heute unsere Verpflichtung. —Transylvanian Unitarian Bishop Janos Erdo (1913-1996)

### HUNGARIAN

Akárhányszor gyertyát gyújtunk, a múltat is emlékezünk. Akik elfelejtik a múltat, kénytelenek azt megismételni. De akik szem el\_ tt tartják, eligazítást találnak benne a jelenre és jövő\_re nézve, és fel tudják éleszteni gazdag hagyományait. A történelmet tanulmányozni minden nemzedéknek kötelessége, hogy a múlt fényénél világossá váljék, mi saját küldetése. A mi számunkra is kötelesség ez. —Transylvanian Unitarian Bishop Janos Erdo (1913-1996)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 Women's Lunch Bunch 6:00 Weekly Potlucks	2 Art Display TBA <b>UUFC Closed for Independence Day Observance</b> 8:00 AM Exercise/Aerobics 5:30 Membership Committee Meeting	3 Art Display TBA	4 Art Display TBA
5 Art Display TBA <b>Rummage Sale Collecting</b>	6 Art Display TBA 8:00 AM Exercise/Aerobics	7 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 4:00 Walk with the Seasons: Summer	8 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 Women's Lunch Bunch 6:30 Connect Up Wednesday Book Club 6:00 Weekly Potlucks 7:00 Escalating Inequality Discussion	9 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 8:00 AM Exercise/Aerobics 10AM-2PM Summer Office Hrs. 6:45 Pastoral/Spiritual Care Team Meeting 7:00 Transgender Group Meeting	10 Art Display TBA 10:30 AM Insight Meditation	11 Art Display TBA 9:30 AM Men's Monthly Gathering
12 Art Display TBA <b>Rummage Sale Collecting</b>	13 Art Display TBA 8:00 AM Exercise/Aerobics	14 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs.	15 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 Women's Lunch Bunch 6:00 Weekly Potlucks 7:00 Escalating Inequality Discussion <b>Newsletter Deadline</b> <a href="#">(for August 2014 edition</a> <a href="#">Please send articles to news@uucorvallis.org)</a>	16 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 8:00 AM Exercise/Aerobics 10AM-2PM Summer Office Hrs.	17 Art Display TBA 10:30 AM Insight Meditation	18 Art Display TBA 9:00 AM UU Path Class
19 Art Display TBA <b>Rummage Sale Collecting Connect Up Sunday</b> 12:30 UU Membership Class	20 Art Display TBA 8:00 AM Exercise/Aerobics	21 Art Display Group of 8 <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs.	22 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 Women's Lunch Bunch 6:30 Connect Up Wednesday Book Club 6:00 Weekly Potlucks 7:00 Escalating Inequality Discussion	23 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 8:00 AM Exercise/Aerobics 10AM-2PM Summer Office Hrs. 3:30 Adult RE Steering Committee Meeting	24 Art Display TBA 10:30 AM Insight Meditation	25 Art Display TBA
26 Art Display TBA <b>Rummage Sale Collecting</b> 10:00 AM First Steps 12:00 Noon 2015 Holiday Bazaar Discussion	27 Art Display TBA 8:00 AM Exercise/Aerobics	28 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 <b>Newsletter Folding</b>	29 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 10AM-2PM Summer Office Hrs. 1:00 Women's Lunch Bunch 6:00 Weekly Potlucks 7:00 Escalating Inequality Discussion	30 Art Display TBA <b>Rummage Sale Collecting During Office Hours</b> 8:00 AM Exercise/Aerobics 10AM-2PM Summer Office Hrs.	31 Art Display TBA 10:30 AM Insight Meditation	

If you do not see your event or meeting listed on the Calendar, please re-reserve for Summer, thank you.

Rummage Sale Collecting during office hours, for all other drop offs please call Kathy Clark (541)753-5097, thank you.



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**Return Service Requested**

**Explore. Love. Act.**

We gather as an inclusive religious community to search for meaning, build deep connections, and inspire action toward a better world for all.



<b>UUFC Staff and Hours</b>	<i>Hours by Appointment Except Where Listed</i>	<b>Main Number 541-752-5218</b>	
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***Please note:***

***Rummage Sale Collecting has begun, we are collecting in Rooms 8 & 6C.***

***Thank you.***