



THE WEEK AHEAD

Nov 6-Nov 12, 2016
Upcoming Services & Events at the UU Fellowship of Corvallis

Remember to turn your clocks back on Saturday night, Nov. 5, and enjoy an extra hour of sleep!

Today, Sunday, Nov 6, 2016

~Please join us after the service in the Social Hall for coffee. Introduce yourself to someone you don't know.

~Join us after the 2nd service in the Social Hall for our Action Lunch benefiting the South Corvallis Food Bank.

~Parent Orientation for Coming of Age, 12:30-2:30 PM. Refreshments served.

~Join in "Standing with Standing Rock," an Interfaith Prayer Vigil in Solidarity with Standing Rock today from 6-7 PM. Benton County Courthouse front steps in downtown Corvallis. Bring candles and signs as you like.

~Join us tonight for Music Sharing Night, 7 PM (SFH/SH), to listen to UUFC members share their musical talents!

The Week Ahead: Nov 7-Nov 12, 2016

Office hours: Mon & Wed, 10:30 AM-1:30PM and Tues & Thur, 9:00 AM-2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 4:00 PM (SH)
- **Shawl Ministry**, Mon Nov 7, 7:00 PM (LIB)
- **Walk with the Seasons: Autumn**, Tue Nov 8, 4:00 PM (9)
- **Election Night Gathering**, Tue Nov 8, 7:30 PM until ?? (SH/K)

Take in the returns together. Bring snacks to share, if you can.

- **Women's Lunch Bunch**, Wed Nov 9, 1:00 PM (North Co-op)

Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net).

- **Weekly Potluck Supper**, Wed Nov 9, 6:00 PM (SH)

Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.

- **UUFC Choir Rehearsal**, Wed Nov 9, 7:00 PM (SFH & 6B)
- **Dances of Universal Peace**, Thur Nov 10, 7:00 PM (SFH)
- **Fellowship Care & Support Team**, Thur Nov 10, 7:00 PM (7)
- **Corvallis Transgender Support**, Thur Nov 10, 7:00 PM (10)
- **Insight Meditation**, Fri Nov 11, 10:15 AM (9)

Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.

Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).

- **Veterans Day Observance**, Fri Nov 11, 11:00 AM (SFH)

A quiet time of reflection and candlelighting. All are welcome.

- **New World Kirtan Band**, Fri Nov 11, 7:00 PM (7)

Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.

- **Men's Monthly Gathering**, Sat Nov 12, 9:30 AM (7)

An opportunity to get to know men in the Fellowship. For information, contact Alan Kirk (alankirk@gmail.com).

Plan Ahead

- **Special Congregational Meeting**, Sun Nov 20, after each service

Congregational vote by paper ballot on land sale. Contact Carl English-Young (cey544@yahoo.com).

- **FestEvent Thanksgiving Gathering**, Thur Nov 24, 4:30 PM Social Hour, 5:30 PM Dinner (SH/K)

Annual Thanksgiving meal at the UUFC. We cook four turkeys, mashed potatoes, gravy, and a vegan and gluten free tofu turkey and gravy. You bring a potluck dish. PLEASE RSVP. Sign-up sheets are in the foyer after Sunday services. Call Rich Brainerd (541-740-2961) with questions or to be a volunteer.

- **Holiday Bazaar, Different this Year – An Evening Open House**, Fri Dec 2, 4 – 8:30 PM (SH/K)

Fellowship artists, specialty foods, café, music, and more.

Next Sunday: November 13, 9:30 and 11:00 AM

"Would Humility Help?"

with Rev. Jill McAllister

"Humility is an underrated virtue." "Humility is an asset for self improvement." "Humility is a necessary condition for inner well-being." So say the pundits. If humility is so useful, why is it so unpopular, the last choice on most people's lists of how to improve? Perhaps there's more to understand about humility.

Spirit of Love, help us to learn to trust in our relationships and our wholeness.

Parent Orientation for Coming Of Age for 7th/8th Grade Youth Today!

Today, November 6th, 12:30-2:30 PM. Refreshments will be served. Please contact DLRE Michael Molk if you need childcare for young children during the orientation.

Interfaith Prayer Vigil in Solidarity with Standing Rock Today

Join in "Standing with Standing Rock," an Interfaith Prayer Vigil in Solidarity with Standing Rock today from 6-7 PM. Benton County Courthouse front steps in downtown Corvallis. Bring candles and signs as you like. No speeches - only prayers and meditations to share as appropriate. Information on other possible acts of support and solidarity with Standing Rock will be available. All are welcome.

Election Night Gathering on Nov. 8, UUFC Social Hall, 7:30 PM until ?? (Childcare is available)

Let's take in the returns together, to remind us that we are not alone in this wild world! Bring snacks to share, if you can. We will watch, talk, cheer, sigh, sing, dance, celebrate what we can, and get ready for the next day and everything it brings.

Adult RE Class Proposals Needed

Do you have an idea for an adult Religious Education or Spiritual Growth class you would like to teach or lead this winter? Please fill out a proposal form. You can find them on the UUFC website. Religious Exploration>Adult RE> [Adult Religious Exploration Programs Proposal Form](#). Once you fill it out you can put it in the intern mailbox or give it to Elizabeth Sollie. Elizabeth, or anyone on the steering committee can answer questions and/or help with the form.

Young Adults – A Chance to Meet Each Other

New to the Fellowship, or not so new, all young adults are invited to get to know each other and find out what you have in common, especially in regard to the Fellowship. "Young Adult" includes people roughly from ages 18 – 35 – a very wide range. College students, grad students, singles, couples, families with children – we're working on finding some ways to connect. Sign-up on the green sheet at the in the foyer on Sunday if you are interested.

Connect Up

Don't forget to sign up to participate in an activity in NOVEMBER! Contact Wendy Sutton: connect@uucorvallis.org. Visit Connect Up on the UUFC website http://uucorvallis.org/?page_id=3776.

Special Congregational Meeting, Sunday Nov. 20

The congregation voted overwhelmingly in May to sell the house next door to the Corvallis Zen Circle for their use as a worship space (temple). To accommodate CZC's plan for their worship hall (zendo), we have offered to sell a small addition to the house's lot. So that there is a legal setback from the zendo to the lot line, we propose to sell them a 10-foot strip along the 85-foot length of the lot on the west side. A Congregational Vote will take place on Sunday, November 20th, by paper ballot, after each service. Please see <http://uucorvallis.org/wp-content/uploads/2014/03/Congregation-Vote-on-Land-Sale.pdf> for more information. Contact Carl English-Young (cey544@yahoo.com) if you have any questions.

New to the Fellowship? Welcome!

Once a month we offer a one-hour First Steps orientation session. If you are new to UUFC, exploring Unitarian Universalism for the first time, and trying to find your way around the Fellowship, this is for you. At our First Steps class, you'll find out more about us, how we connect, and get a tour of the building. This First Steps class is offered every 4th Sunday during the school year at the new time of 11:10 AM. For more information, contact the First Steps coordinator, Elona Meyer (elonameyer@msn.com). Each quarter, we also offer two classes as part of the formal membership exploration process – UU Path and Membership. Register at the Welcome Table on Sundays.

Winter Lights UUFC Open House, Friday, Dec. 2, 4 – 8:30 PM

Enjoy the café, Fellowship vendors, specialty foods for sale, children's holiday craft-making, and more. Sign up to donate food and goods, or to help with the event, in the foyer on Sundays in November, or call the church office.

UUFC Thanksgiving Day Events Thursday, November 24

Soccer Game, 1:00 PM, Garfield Elementary School

An intergenerational pick-up soccer game, to be played rain or shine. All are welcome.

FestEvent Thanksgiving Gathering, 4:30 PM Social Hour, 5:30 PM Dinner All Are Invited!

Thanksgiving Day is less than a month away. The UUFC always has its own large festive communal Thanksgiving dinner. We cook four turkeys, mashed potatoes, gravy; and a vegan and gluten free tofu turkey and gravy. You bring a potluck dish such as salad, bread, DESSERT, stuffing, sweet potatoes, vegetable side (or main) dish or anything that is important or nostalgic from your past. Suggested donation is \$5.00 per person to cover costs, but no one is turned away if they are in financial hard times. PLEASE RSVP so that we know how many to plan for. Sign-up sheets are in the foyer after Sunday services. Call Rich Brainerd (541-740-2961) with questions or to be a big-time volunteer. Social Hour Hosts, a Table Decorating Captain, and After-Dinner Activities Hosts are still needed.