



# THE WEEK AHEAD June 18 – June 24, 2017

## Upcoming Services & Events at the UU Fellowship of Corvallis

### **Today, Sunday, June 18, 2017**

~For more information about Unitarian Universalism and this congregation, contact First Steps coordinator, Elona Meyer ([elonameyer@msn.com](mailto:elonameyer@msn.com)).

~Join us after the services in the Social Hall for coffee and conversation. Introduce yourself to someone you don't know.

~Fellowship Care and Support Team listeners are available for anyone looking for support. Ask at the greeter desk.

### **The Week Ahead: June 12-June 17, 2017**

**Office hours:** Monday and Wednesday 10:30 AM – 1:30 PM; Tuesday and Thursday 9:00 AM – 2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 8:00 AM (SH)
- **Potluck for Families & Kids**, Mon June 19, 5:45 PM (SH/K)
- **Spiritual Activism Support**, Mon June 19, 6:30 PM (LIB)
- **Shawl Ministry**, Mon June 19, 7:00 PM (7)
- **ReVive Reunion**, Tue June 20, 5:30 PM (SH/K/SHD/6ABC)
- **Life Raft Corvallis**, Tue June 20, 7:00 PM (7)

*Parents, family members and friends dealing with a loved one's drug addiction are welcome to come share a confidential discussion. Questions, call Marcia Chapman (541-757-3809).*

- **RhythmAsana**, Tue June 20, 7:00 PM (SFH)
- **Women's Lunch Bunch**, Wed June 21, 1:00 PM (North Co-op)

*Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf ([dewaldorf@comcast.net](mailto:dewaldorf@comcast.net)).*

- **Weekly Potluck Supper**, Wed June 21, 6:00 PM

*Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.*

- **Capoeira Angola**, Thur June 22 6:00 PM (SH)
- **Public Lands Advocacy**, Thur June 22, 6:00 PM (SFH, then SH for reception)

*The program will feature presentations from Oregon Wild and the Audubon Society on the various proposals to privatize or transfer public lands, the successful campaign to keep the Elliott State Forest public, and the role Oregon's public lands play in fighting global climate change. Reception following.*

- **Young Adult Group**, Thur June 22, 7:15 PM (10)
- **Insight Meditation**, Fri June 23, 10:15 AM (7)

*Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke ([maryleigh.burke@gmail.com](mailto:maryleigh.burke@gmail.com)).*

- **Kirtan Meditation**, Fri June 23, 7:00 PM (7)

*Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.*

- **Juneteenth Clean Up EDI**, Sat June 24, 2:00 PM (6B/K)

### **Plan Ahead**

~June 25, Strawberry Shortcake. The Task Force on Homelessness and Access to Housing will sell homemade strawberry shortcake after the service to support the Corvallis Drop In Day Center.

~July 8, Next UU-Path Class for membership, 8:45 AM (SH/K)

~July 15, Fellowship Picnic at Ann Marchant and Russ Anderson's home. 3-8 PM.

~July 16, Ordination of Leslie Chartier to the UU ministry, 3:00 PM at First United Methodist Church

### **Next Sunday: June 25, one service at 10:00 AM**

"In Unknown Territory"

*with Rev. Jill McAllister*

We find ourselves, more and more, in situations which are confusing, which have broken the boundaries of our experience and assumptions. Are there guidebooks for unknown territories? It turns out, there are.

*Spirit of Life, help us to lean in, listen, learn, and love.*

## **New to the Fellowship? Welcome!**

For more information about Unitarian Universalism and this congregation, contact First Steps coordinator, Elona Meyer ([elonameyer@msn.com](mailto:elonameyer@msn.com)). Register for upcoming Membership Orientation classes at the foyer Welcome Desk.

**Summer Services begin today: One service only at 10:00 AM, now through Labor Day.**

## **Religious Exploration Teachers/Guides**

You can be a part of our fabulous religious exploration program for children and youth! Teachers/guides are needed for the different age levels. Curriculum is provided, training is provided, new or old friends to work with are provided. Joy and satisfaction are gratis! Will you join this essential ministry of the UUFC? Talk to Michael Molk for more information, [molk@uucorvallis.org](mailto:molk@uucorvallis.org).

## **Register now for Summer Toddler Playgroups**

Registration forms and information about the UUFC Summer Toddler Playgroups are now up on the UUFC website: [http://uucorvallis.org/?page\\_id=4518](http://uucorvallis.org/?page_id=4518). *We are also still looking for volunteers*, so if you are interested in helping out during one or both of the sessions, or even just a couple of days, please email [office@uucorvallis.org](mailto:office@uucorvallis.org). Two groups: Sparrows (ages 2-3) and Cranes (ages 4-5). Sign up for one or two sessions Session 1: July 17-20; Session 2: July 24-27. Playgroups runs from 9:00 AM – 12:00 PM with a snack provided.

## **Register now for Multicultural Exploration Day Camp**

Elementary-aged children, grades 1-5, are invited to join in the first UUFC summer camp! Registration forms and information are now available here: <https://goo.gl/forms/h1HMtabwd3j1Iri63> July 10th-14<sup>th</sup>. 9:00 AM – 4:00 PM with lunch provided. Contact Rachel Kohler at [reassociate@uucorvallis.org](mailto:reassociate@uucorvallis.org) for more information.

## **Connect Up**

Sign up on June 25th to participate in or to host an activity in JULY! Questions: contact Wendy Sutton ([connect@uucorvallis.org](mailto:connect@uucorvallis.org)). Visit Connect Up on the UUFC website [http://uucorvallis.org/?page\\_id=3776](http://uucorvallis.org/?page_id=3776) July events will be posted shortly after the Sign Up.

## **Housecleaning Clients Needed**

The Fellowship supports a person who struggles with homelessness. Presently she is in stable housing and is able to cover her expenses by cleaning houses. (She's a pro.) Several more clients are needed for the summer, at 2-3 hours per week. \$25 per hour. Please contact Jill McA if you are interested.

## **Exercise/Aerobics Summer Schedule**

Summer Session begins June 19 from 8:00 – 9:00 AM. Join us in the Social Hall on both Mondays and Thursdays for conditioning, strength, balance, and flexibility. Fee. Contact Nichele Deutsch 753-4664 for information

## **Fellowship Potluck Picnic on July 15 from 3-8 PM**

Join us for a potluck at Ann Marchant and Russ Anderson's place near Philomath. There is a big swimming pond and walking trails in the woods and a big yard to just sit and visit. Watermelons will be provided and there is a barbeque grill for anyone to use. Live music provided by Rita Brown and friends and possibly others.

## **RhythmAsana at the Fellowship on Tuesday, June 20 from 7 - 9 PM**

RhythmAsana returns to the UUFC for a special celebration on the longest day of the year. It is a unique and joyous blend of yoga, movement meditation, dance, and heart-opening music from all over the planet. Lea Bayles will lead a full two-hour RhythmAsana flow accompanied by the music of Johanna Beekman. No experience necessary to join the flow. If you can, bring a yoga mat, a cushion, a water bottle, and an open heart. \$16 in advance at [Rhythmasana.com](http://Rhythmasana.com) or \$20 at the door.

## **UUFC Newsletter: Summer Changes**

In an on-going effort to improve communications, we will be trying something different this summer. We will not be mailing newsletters in July and August. Pick yours up at the Fellowship or read it online at [uucorvallis.org](http://uucorvallis.org). The weekly announcements, posted by e-mail and printed at the Fellowship, will be in a new format, with more content. All information for July is due June 21; August material is due July 19. E-mail to [office@uucorvallis.org](mailto:office@uucorvallis.org).

## **New connections: San Miguel de Allende, Mexico and Kigali, Rwanda**

Are you interested in helping create connections between the UUFC and the Unitarians of San Miguel de Allende? Also, the Unitarians in Kigali, Rwanda, would love to connect with the UUFC. Are you interested in becoming part of these connections? If so, talk to Jill McA.