

FELLOWSHIP

WAYSIDE PULPIT

"Life is a balance of holding on and letting go."

—Rumi

UUFC WEEKLY ANNOUNCEMENTS

July 23, 2017

SUNDAY, JULY 23

10:00 AM Childcare
Summer RE
First Steps Class
10:00 AM Worship Service
3:00 PM Elizabeth Elder Memorial Service

Condolences to Jack Elder on the death of his wife, Elizabeth, who died on June 30. The memorial service is today at the UUFC, at 3:00 PM, followed by a reception.

NEW TO THE FELLOWSHIP? JOIN OUR FIRST STEPS COORDINATOR, ELONA MEYER TODAY at 10:00 in the LIBRARY (elonameyer@msn.com)

BECOME A MEMBER OF THE UUFC!

Our next MEMBERSHIP CLASS meets in OCTOBER. Sign up at the welcome table in the foyer.

Help us find our roots, so we can bend and be prepared to regain our balance when we need it the most.

Rummage Sale Collection has begun in room 6C. Donate your items for this Reuse, Recycle Extravaganza. The Sale is on Saturday, August 26.

Summer Worship | One Service at 10:00 AM

CENTERING AND DE-CENTERING

Rev. Jill McAllister

I think balance, and being centered, is illusive, and occurs only in brief moments. More often, we are slightly off-balance, at the very least. Maybe that's what work, and life, is all about. Sometimes, off-balance or off-center is where we need to be, to have a sense of what comes next.

Next week: July 30

TO HELP ONE ANOTHER

Monica Jacobson Tennesen

The Blake Covenant, written in 1894 by Unitarian minister James Vila Blake, says, "Love is the spirit of this church, and service is its law. This is our great covenant: to dwell together in peace, to seek the truth in love, and to help one another." "...to help one another," has much to teach us about bravery and faithfulness. UUFC member Monica Jacobson Tennesen is the Intern Minister at the UU Congregation of Salem This is the 2nd in a series of sermons from students for UU ministry at the Fellowship, each reflecting on this brave year and their formation as ministers.

WHY DO WE GATHER ON SUNDAY MORNINGS?

"The aim of all worship is to help...us know and feel how we relate as individuals to ourselves, to the world, to the totality of being. The aim of common...worship is to help us face up to our individual and collective limitations and failures, and to open us to sources of creative, healing, transforming and renewing power. It is to help us discover how that which transcends our narrow individual existence can move us, challenge us, inspire us, stimulate us to think, feel, act and be. It is to help us declare, celebrate, rejoice in those things we have found to be "of worth." The aim of common worship is to help us reorder, reopen, reshape and reinterpret our experience to help us find the power to reaffirm again and again in word and deed what is worthy of our ultimate commitment."

UUA Commission on Common Worship -1983

Visit the UUFC website to WATCH previous recordings of SERVICES!

www.uucorvallis.org/?page_id=239

THE SOCIAL JUSTICE/OUTREACH OFFERING THIS MONTH WILL GO TO VINA MOSES

HAPPENING SOON

Lunch with an Open Microphone Sunday August 13, 11:30 am

Grab a sandwich or salad, and settle in to hear what is on each other's minds and hearts. We'll put out the proverbial "soap box", and give whoever wants to speak time to say what they most want to say. Opinions welcome!

Still Needed! Religious Exploration Teachers & Guides

Fall will be here before we know it! You can be a part of our fabulous religious exploration program for children and youth! Teachers/guides are needed for the different age levels. Curriculum is provided, training is provided, new or old friends to work with are provided. Joy and satisfaction are gratis! Will you join this essential ministry of the UUFC? Talk to Michael Molk for more information, molk@uucorvallis.org.



UUFC MEN'S RETREAT

Fri – Sun

October 20 - 22.

Save the date and Register now!

Plan to attend the annual men's retreat at the Menucha Conference Center overlooking the beautiful Columbia Gorge. For information and registration, visit the UUFC website (http://uucorvallis.org/?page_id=2660) or contact Lloyd Wagenschutz, 541-753-9071 or e-mail lpwz124@comcast.net or other members of the planning committee (Tim Barraud, Alan Kirk, Al Ross, and Steve Strauss).

FELLOWSHIP CONNECTIONS

AGING SUCCESSFULLY - AGING IN PLACE WORKSHOP

Participants in this workshop will discuss the issues of aging in place with their peers, learn about their choices, and create a personal vision of what again successfully entails, as well as gain skills and tools that can help them plan to age successfully. Upon completion, participants will know if cohousing is for them. Some participants will choose senior cohousing, but all participants will begin to plan for successful aging or at least be conscious of what it means.

Meets weekly Sept. 12 - Nov. 7, Tuesday evenings, 6:30-8:30 PM. Please register with Claudia Weintraub (Claudiacw@comcast.net) by Aug. 25.

CONNECT UP

Sign up on July 30th to participate in or to hose an activity in August. Questions? Contact Wendy Sutton (connect@uucorvallis.org). Visit Connect Up on the UUFC website (http://uucorvallis.org/?page_id=3776). August events will be posted shortly after sign up.

HAPPENING SOON

THE WEEK AHEAD: JULY 24 - 29

Mon, Wed, Fri, 8:00 AM, SH, Exercise/Aerobics

Wednesday, July 26

8:00 AM	SH	Exercise/Aerobics
1:00 PM	N. Coop	Women's Lunch Bunch <i>Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net).</i>
6:00 PM	SH/K	Weekly Potluck <i>Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.</i>
7:00 PM	SFH	Laughing Labyrinth Yoga

Thursday, July 27

6:00 PM	SH	Capoeira Angola
6:30 PM	7	Equity, Diversity, and Inclusivity (EDI) Team Meeting

Friday, July 28

8:00 AM	SH	Exercise/Aerobics
10:15 AM	7	Insight Meditation <i>This is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).</i>
7:00 PM	7	Kirtan/Meditation Group

Saturday, July 29

1:00 PM	10	Transgender Support Group Clothing Exchange
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"We rise by lifting others."

—Robert Ingersoll

NEED TO CONTACT US?

CHURCH OFFICE

Ph. 541.752.5218

office@uucorvallis.org

SUMMER HOURS

Tuesday, Wednesday, Thursday
10:00 AM - 2:00 PM

JEAN GILBERT

Business Manager
businessmgr@uucorvallis.org

RACHEL KOHLER

Religious Exploration Associate
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Rev. JILL MCALLISTER

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Dr. DAVID SERVIAS

Music Director
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LAUREN SERVIAS

Pianist

ELIZABETH SOLLIE

Ministerial Intern
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FIND US ONLINE

Connect with us online to stay updated and keep in touch.

 UUFC Website
www.uucorvallis.org

 FACEBOOK
facebook.com/uucorvallis

 TWITTER
twitter.com/uucorvallis

Unitarian Universalist Fellowship of Corvallis

2945 NW Circle Blvd
Corvallis, OR 97330
uucorvallis.org



FELLOWSHIP CONNECTIONS

NEW CHALICE CIRCLES BEGINNING

One group will have an LGBTQA focus. We will meet every other Thursday evening from 7:00 - 8:30 pm starting July 27. You are asked to commit to staying with the group for at least one full cycle of 8 sessions / 4 months before deciding to stay or leave *Please NOTE: "LGBTQA" refers to ANYONE who identifies themselves as lesbian, gay, bisexual, transgender, queer, and/or AFFIRMING. Marginalized sexuality and gender-related experience may or may not be an explicit focus of discussion. For more information, contact Jules Graves (julie.graves1@gmail.com or 303-946-5241).

Two other groups will focus on topics chosen by each group. If you've been hoping to become part of a circle, now is a good time to join. Let the church office know if you are interested (office@uucorvallis.org)

WANT TO INCLUDE AN ANNOUNCEMENT IN THE WEEKLY ANNOUNCEMENTS?

If you would like to include an announcement for your group, please email them to office@uucorvallis.org with the subject line: weekly announcement