



THE WEEK AHEAD Feb 26 – March 4, 2017

Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, Feb 26, 2017

- ~First Steps Class, an orientation to the UUFC, 11:00 AM today in the Library. If you're new, join us!
- ~Join us in the Social Hall after each service coffee and conversation. Introduce yourself to someone you don't know.
- ~Seven Principles Café meets today at 12:30 in Room 7. We are discussing the Fourth Principle.
- ~Becoming UU Climate Stewards meets today at 12:45 in the Sanctuary.
- ~Fellowship Care and Support Team listeners are available for anyone looking for support. Ask at the greeter desk.
- ~All are invited to read and to sign, if you will, the Declaration of Conscience from the UUA and UUSC, in the foyer.
- ~The Climate Justice Committee invites all who are interested to sign letters of support to the Oregon state legislature on two bills aimed to cap and price carbon pollution in our state.

The Week Ahead: Feb 27-March 4, 2017

Office hours: Monday and Wednesday 10:30 AM – 1:30 PM; Tuesday and Thursday 9:00 AM – 2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 4:00 PM (SH)
- **Building Committee Meeting**, Mon Feb 27, 7:00 PM (10)
- **UUFC Justice Council**, Tue Feb 28, 5:00 PM (LIB)
- **UUFC Arts Exhibit Meeting**, Tue Feb 28, 9:00 AM (SFH)
- **Women's Lunch Bunch**, Wed Mar 1, 1:00 PM (North Co-op)

Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net).

- **All Fellowship Pancake Supper**, Wed Mar 1, serving from 5:30 – 7:00 PM (SH)
We'll provide pancakes – traditional, savory, and special diets. Please bring a pancake topping to share.
- **Centering Prayer**, Thur Mar 2, 7:00 PM (7)

First of a seven-week class. Class begins with a brief reading, then silence, journaling, and an opportunity to share the experience with others in the class. Come to as many classes as your calendar and interest allow. Diana Vezmar-Bailey (dianavb@inbox.com) will facilitate.

- **Capeira Angola**, Thur Mar 2, 6:00 PM (6ABC)
- **Climate Justice Committee**, Thur Mar 2, 7:00 PM (LIB)
- **Insight Meditation**, Fri Mar 3, 10:15 AM (7)

Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required. Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).

- **Kirtan Meditation**, Fri Mar 3, 7:00 PM (7)
Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.
- **Greeter Training**, Sat Mar 4, 9:00 AM (SH/K)

Plan Ahead

Today thru March 18 **Cottage Meetings** for “Our Shared Future.” Be sure to sign up and attend one!

March 12 Confluence: Willamette Valley LGBT Chorus presents “Rhythm of Life” Concert at the UUFC.

March 19 One service, at 11:00 AM for **Pledge Sunday** for “Our Shared Future.” Pledge cards turned in together, followed by celebration.

April 28-30 **ReVive Retreat for Social Justice Activists** at the Shalom Prayer Center in Mt. Angel, Oregon. An opportunity to gather for respite, renewal, and connection. Contact the planning committee for a registration form: Susan Christie, Martha Clemons, Anna Coffman, Jesse Ford, Claudia Keith, Kelley Kendall (Chair), or Diana Vezmar-Bailey.

Next Sunday: March 5, 9:30 and 11:00 AM

“How to Walk on Eggshells”

Rev. Jill McAllister

It is increasingly evident that people across the country are experiencing post-election trauma. We are too. Luckily, we've been working on this for awhile. What help do our religious lives give us in this process?

Life requires both light and shadow. Let us strive to learn from both.

New to the Fellowship? Welcome! Join us today at 11:00 AM for our First Steps class.

For more information about Unitarian Universalism and this congregation, meet First Steps coordinator, Elona Meyer (elonameyer@msn.com), in the Library. Register for upcoming Membership Orientation classes at the Welcome Table in the foyer.

“Our Shared Future”: UUFC Stewardship and Capital Campaign

~The annual stewardship campaign, plus a capital campaign to raise funds for renewing our buildings is underway. Once again, we aim for 100% participation by UUFC members and friends.

~Sign up for a Cottage Meeting. These small group gatherings are to share how this fellowship is important to us and to get our questions answered about the UUFC, our building's needs and dreams, and this year's capital campaign. Sign up after services in the Social Hall to attend a cottage meeting or online at

<http://www.signupgenius.com/go/20f0945acac2ca5ff2-uufc>.

~Pick up your meditations booklet and follow along on Facebook as the readings are posted daily.

~Attend a workshop on Planned Giving (in wills and estates) on Sunday, March 5, after the services.

~Join us at our one service, at 11:00 AM, on Pledge Sunday, March 19, to turn in your pledge cards and to celebrate afterwards with an announcement of our preliminary campaign results.

Planned Giving and Philanthropy Workshop on March 5, 12:30 – 1:30 PM

Discover how to support the Fellowship through gifts in wills and estates. All are welcome!

Are you pondering how to balance operation fund, capital campaign, and longer-term commitments to the UUFC with other life priorities such as daily living, college funds and retirement? If you'd like some basic information on financial planning and philanthropy, join Jeff Susor (our campaign consultant), UUFC Treasurer Joan Rose, UUFC Stewardship Coordinator Virginia Shapiro, and UUFC Financial Council Coordinator Russ Karow, in this sixty-minute workshop. We'll talk about the general whys, whats, and hows of thinking about philanthropy and, if there is interest, make plans for more detailed workshops at later dates.

Connect Up – Sign up today!

Sign up on February 26th to participate in or to host an activity in MARCH! Questions: contact Wendy

Sutton connect@uucorvallis.org. Visit Connect Up on the UUFC website http://uucorvallis.org/?page_id=3776

March events will be posted shortly after the Sign Up.

Becoming UU Climate Stewards

This ongoing Adult RE class will meet **today, Sunday, Feb 26**, in the Sanctuary (near the Social Hall) at 12:45.

Pancake Supper Wednesday, March 1 5:30 – 7 PM

All are invited! We'll have regular pancakes, savory pancakes, and pancakes for special diets. We will provide maple syrup, strawberry sauce, and whipped cream. Bring a favorite topping to share if you can. Suggested donation of \$2.00 a person to cover costs. We will be serving from 5:30 to 7:00. Don't feel obligated to stay the whole time.

Volunteers are needed to help in the kitchen, especially flipping pancakes; to help set up tables and chairs; to help afterwards washing up in the kitchen and putting away the tables and chairs. Please call Rich Brainerd at 541-740-2961 if you can volunteer to work, or if you can bring a special pancake batter. Also call if you have special dietary needs, so we know what and how much to cook.

Centering Prayer

This seven week class begins on Wednesday, March 1, 7:00 - 8:30 PM in Room 7. This practice is based on an ancient form of meditation in the Christian tradition. We will begin with a brief reading followed by 20 minutes of silence, journaling, and an opportunity to share the experience with others in the class. Come to as many classes as your calendar and interest allow. You may bring your own journal, although paper and pens will be provided. Diana Vezmar-Bailey will facilitate. Questions? Contact Diana at [541-740-9006](tel:541-740-9006) or dianavb@inbox.com.

ReVive Retreat for Social Justice Activists: April 28-30, 2017,

Join us at the Shalom Prayer Center, Mt. Angel, Oregon. This retreat will provide an opportunity for social justice advocates/activists within UUFC to gather for respite, renewal, and connection through facilitated activities, reflection, and silence. Registration is now open! Contact anyone on the planning committee for more information and a registration form (Susan Christie, Martha Clemons, Anna Coffman, Jesse Ford, Claudia Keith, Kelley Kendall (Chair), and Diana Vezmar-Bailey.

Adult Religious Exploration – Winter Term 2017

The schedule of classes, events, and discussions is available in the foyer on Sundays, and on the UUFC web site at http://uucorvallis.org/?page_id=223.