



THE WEEK AHEAD

Feb 19 – Feb 25, 2017
Upcoming Services & Events at the UU Fellowship of Corvallis

Today, Sunday, Feb 19, 2017

- ~Join us in the Social Hall after each service coffee and conversation. Introduce yourself to someone you don't know.
- ~The Cottage Meeting for Families is today at 12:30 in the RE Wing. Childcare and lunch for children provided.
- ~Becoming UU Climate Stewards meets today at 12:45 in the Sanctuary.
- ~Fellowship Care and Support Team listeners are available for anyone looking for support. Ask at the greeter desk.
- ~Today is the Interfaith Potluck Supper at 5:30 PM, hosted by UUFC. Members of 10 or more Corvallis religious congregations join for food and conversation and for getting to know each other better. All are welcome.
- ~All are invited to read and to sign, if you will, the Declaration of Conscience from the UUA and UUSC, in the foyer.

The Week Ahead: Feb 20-Feb 25, 2017

Office hours: Monday - **CLOSED** for President's Day

Wednesday 10:30 AM – 1:30 PM; Tuesday and Thursday 9:00 AM – 2:00 PM.

- **Exercise/Aerobics**, Mon, Wed, Fri, 4:00 PM (SH)
- **Potluck for Families & Kids**, Mon Feb 20, 5:45 PM (SH)
- **Shawl Ministry**, Mon Feb 20, 7:00 PM (Lib)
- **Fellowship Care and Support Team**, Tue Feb 21, 9:30 AM (7)
- **UUFC Justice Council**, Tue Feb 21, 5:00 PM (LIB)
- **Life Raft – Corvallis**, Tue Feb 21, 6:30 PM (9)

Support for those living with addiction – yours or someone else's.

- **Listening Skills Practice**, Tue Feb 21, 7:00 PM (7/8)
- **Women's Lunch Bunch**, Wed Feb 22, 1:00 PM (North Co-op)

Friendly conversation with women of the Fellowship. Contact: Elizabeth Waldorf (dewaldorf@comcast.net).

- **Weekly Potluck Supper**, Wed Feb 22, 6:00 PM (SH)

Please bring a dish (with a list of ingredients) to share, and your own plate and utensils if possible. All are welcome.

- **Vespers Evening Service with Elizabeth Sollie**, Thur Feb 23, 7:00 PM (SFH)

Join us for a short mid-week service for sustaining courage with Ministerial Intern, Elizabeth Sollie.

- **UUFC Young Adult Group**, Thur Feb 23, 7:15 PM (10)
- **Insight Meditation**, Fri Feb 24, 10:15 AM (7)

Insight Meditation is a simple yet profound practice originally taught by the Buddha. No experience is required.

Contact: Mary Leigh Burke (maryleigh.burke@gmail.com).

- **Kirtan Meditation with Johanna Beekman**, Fri Feb 24, 7:00 PM (SFH)

Kirtan comes from ancient Hindu traditions of chanting as devotional practice, to calm minds and open hearts.

- **Valve Turners Fundraising Evening**, Sat Feb 25, 6:30 PM (SFH)

On October 11, 2016, five climate activists, determined to act commensurately with the truth of unfolding climate cataclysm, closed safety valves on the 5 pipelines carrying tar sands crude oil into the United States. Come hear a panel discussion with several of the valve turners, moderated by Kathleen Dean Moore.

Plan Ahead

Feb. 20 – March 18 **Cottage Meetings** for “Our Shared Future”. Be sure to sign up and attend one!

March 1 – All Fellowship **Pancake Supper**

March 1 **Centering Prayer** begins. A seven week class by Diana Vezmar-Bailey. 7:00 PM.

March 19 – Pledge Sunday for “Our Shared Future.” Pledge cards turned in together, followed by celebration.

April 28-30 **ReVive Retreat for Social Justice Activists** at the Shalom Prayer Center in Mt. Angel, Oregon. An opportunity to gather for respite, renewal, and connection. Contact the planning committee for a registration form (Susan Christie, Martha Clemons, Anna Coffman, Jesse Ford, Claudia Keith, Kelley Kendall (Chair), Diana Vezmar-Bailey.)

Next Sunday: Feb 26, 9:30 and 11:00 AM

Rev. Dr. Pittman McGehee

“Embracing Your Shadow: Shining the Light of Consciousness on the Dark Side of the Soul”

Jill welcomes J. Pittman McGehee, D.D. to our pulpit this morning. He is an Episcopal Priest and a Diplomat Jungian Analyst, a poet, lecturer and author of six books, living and working in Austin, Texas.

Life requires both light and shadow. Let us strive to learn from both.

“Our Shared Future”: UUFC Stewardship and Capital Campaign

The annual stewardship campaign, plus a capital campaign to raise funds for renewing our buildings began last week. Once again, we aim for 100% participation by UUFC members and friends. Sign up after services in the Social Hall to attend a cottage meeting. Pick up your meditations booklet (one per household) today and follow along on Facebook as they are posted daily during our five weeks of discernment. Then join us on Pledge Sunday, March 19, to turn in your pledge cards.

New to the Fellowship? Welcome!

For more information about Unitarian Universalism and this congregation, contact the First Steps coordinator Elona Meyer (elonameyer@msn.com). And if you're thinking about what UUFC membership might mean for you, register for upcoming Membership Orientation classes at the Welcome Table in the foyer.

Thank you Microcredit Committee for sponsoring the bake sale this Sunday.

Becoming UU Climate Stewards

This ongoing interactive Adult RE class will meet **today, Sunday, Feb 19**, in the Sanctuary (near the Social Hall) at 12:45. Newcomers are welcome. A light lunch will be available at the back of the Hall for those planning to attend.

Interfaith Potluck Supper today, February 19 at 5:30 PM in the Social Hall.

Members of 10 or more Corvallis religious congregations join for food and conversation and for getting to know each other better. All are welcome! Help set tables today after the Sunday service if you can, or stay after supper to help with clean up.

Centering Prayer

This seven week class begins on Wednesday, March 1, 7:00 - 8:30 PM in Room 7. This practice is based on an ancient form of meditation in the Christian tradition. We will begin with a brief reading followed by 20 minutes of silence, journaling, and an opportunity to share the experience with others in the class. Come to as many classes as your calendar and interest allow. You may bring your own journal, although paper and pens will be provided. Diana Vezmar-Bailey will facilitate. Questions? Contact Diana at [541-740-9006](tel:541-740-9006) or dianavb@inbox.com.

Vespers Evening Service, February 23 at 7:00 PM

Many have asked for more opportunities to gather to sing and share and pray together, supporting and sustaining our courage for these times. This monthly mid-week evening service is just such a gathering. Join us!

Spiritual Firefighters

Lists of resources for centering and actions to participate in are being prepared by the Spiritual Firefighters Steering Team, to help us be ready to be called and be effective when called. Contact Susan Sanford susanwulfe@gmail.com or Alice Lyman aliceklyman41@gmail.com for more information.

Adult Religious Exploration – Winter Term 2017

The schedule of classes, events, and discussions is available in the foyer on Sundays, and on the UUFC web site at http://uucorvallis.org/?page_id=223.

Connect Up in February

UUFC web site: http://uucorvallis.org/?page_id=3776. February events are posted.

Plan ahead for Seven Principles Café

Discussing the Fourth Principle, in Room 7 on **Feb 26** at 12:30PM.

Attend / Volunteer at the UU Pacific Northwest District Assembly, Sat. February 25, Eugene

Hosted by the Unitarian Universalist Church in Eugene, this annual district assembly will include a forum for the three UUA presidential candidates with UUA moderator Jim Key, two workshop sessions, worship, lunch, and a brief annual meeting. FMI: <https://pnwduua.org/district-assembly/>

Climate Justice Committee: “Valve Turners” Fundraiser, with Kathleen Dean Moore, Feb 25

Five climate activists who “shook the North American energy industry” by shutting down five pipelines and all Canadian tar sands oil flowing into the US. They have come to be called the "valve turners." Join us on Saturday, Feb. 25th, at 6:30 PM for a fundraising evening to support their legal costs. Suggested donation \$20, but no one turned away. Moderated by Kathleen Dean Moore. Contact: Karen Josephson (kjoseph@spiritone.com).