

**Explore. Love. Act.**

We gather as an inclusive religious community to search for meaning, build deep connections, and inspire action toward a better world for all.

**ORDER OF SERVICE**  
9:30 and 11:00 a.m.

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**THE GATHERING OF THE COMMUNITY**  
(COMING FROM GRATITUDE)

MUSIC FOR GATHERING

WELCOME Diana Vezmar-Bailey

INTROIT *“Here Together”* David Glasgow  
*We are here, here together in this holy moment, and we’re grateful for the winding road that brought us to this place.”* (repeat)

OPENING WORDS

LIGHTING OF THE CHALICE

WISDOM FROM THE WORLD’S TRADITIONS

TIME FOR ALL AGES

SHARED SINGING #207 *“Earth Was Given As A Garden”*  
(11 am: children, youth and teachers exit for RE)

**AFFIRMING OUR CONNECTIONS**  
(HONORING THE PAIN OF THE WORLD)

SHARING OF SORROWS AND JOYS

SHARED SINGING #322 *“Thanks Be For These”* vs. 1-3

SPOKEN MEDITATION AND SHARING OF SILENCE

MUSIC FOR REFLECTION

**SEARCHING FOR WISDOM AND INSPIRATION**  
(SEEING WITH NEW EYES)

READING

SERMON *“Self-Discipline: The Core of Chinese Religions”* Jonathan Lipman

THE OFFERING

*If you are visiting today, we do not expect you to contribute. If, however, you feel moved to help support our shared work, we welcome your contribution.*

MUSIC FOR REFLECTION

GIVING THANKS FOR ALL THAT SUSTAINS US

From the countless gifts we each have been given, gifts of life and love and sustenance, we bring these small portions, to share in the works of love which none of us can accomplish alone.

SHARED SINGING #300 *“With Heart and Mind”*

**RETURNING TO THE WORLD**  
(GOING FORTH)

ANNOUNCEMENTS

CLOSING SONG *“Here Together”* David Glasgow  
*We have spent time together, and these holy moments give us strength to go down the winding road until we meet again. (repeat)*  
*And my prayer for you is a peace that’s true (pause) until we meet again.*

CLOSING WORDS

**WORDS FOR REFLECTION**

"Those of antiquity who wished that all people throughout the world would keep their inborn luminous Virtue unobscured put governing their states well first. Wishing to govern their states well, they first established harmony in their households. Wishing to establish harmony in their households, they first cultivated themselves. Wishing to cultivate themselves, they first set their minds in the right. Wishing to set their minds in the right, they first made their thoughts true. Wishing to make their thoughts true, they first extended their knowledge to the utmost. The extension of knowledge lies in fully apprehending the principle in things."

*(from the Daxue, an ancient text which became one of the foundational “Four Books” of Neo-Confucianism)*

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House Manager: *Russ Anderson*  
Flowers: *Ruth Bentley*  
Social Concerns Collection: *Mid Valley HealthCare Advocates*  
After-Service Bake Sale Benefits: *CARDV: Center Against Rape and Domestic Violence*

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We are a UUA Green Sanctuary congregation and an endorser of the Earth Charter.  
We welcome and celebrate the presence and participation of transgender, gay, lesbian, heterosexual and bisexual people.  
We are an official Welcoming Congregation of the UUA.



*Please turn your hearing aid switch to the "T" setting to receive an enhanced signal from our hearing aid loop system.*

*We respectfully request that you not wear scented products to church in consideration of those with allergies.*

## MEETINGS, EVENTS AND ACTIVITIES

### **Today, Feb. 22, 2015**

~ Please join us after services in the Social Hall for refreshments and conversation. Introduce yourself to someone you don't know.  
~ Copies of Monthly Readings to Share with Family and Friends are available today in the foyer.  
~ 12:30 Partner Church Committee Gallery  
~ 12:45 General Assembly Information Library *Come find out about the UUA Annual Meeting in Portland in June. You might want to go!*  
~ 7 pm Monthly Vespers Service  
~ 7 pm Environmental Film Series Room 7 *Two films: about genetically modified foods, and saving seeds.*

### **This week at the UUFC:**

**Mon. Feb. 23** 5 pm – Library Committee *New members for this committee are welcome*

**Wed, Feb. 25** 6 pm Potluck Supper, Social Hall

~7 pm UUFC Choir *New singers always welcome*

~7 pm Leading from Spiritual Depth *Adult leadership class. Second of five sessions. All are welcome.*

**Thurs. Feb. 26** 6:30 pm Session Three: Pastoral Care Training

**Fri. Feb. 27** 10:30 am Insight Meditation, Room 9

*A practice taught by the Buddha - no experience needed.*

~7 pm Kirtan Chanting and Meditation Circle Room 7

**Sat. Feb. 28** 10 am Session Three: End of Life Workshops

*This week: Green Burial, Information Release, Memorials*

### **Next Sunday, March 1, 2015**

~9:30 & 11 a.m “Surrender and the *Shadada*” Jill McAllister

~12:30 Action Lunch, to benefit Partner Church support

~Last day to RSVP to attend the World Café on March 7

### **Plan Ahead**

**Mar. 7 Stewardship Drive Kick-Off UUFC Breakfast and World Café** *A meal followed by small group discussions on living our mission as focused on stewardship and building needs.*

Please RSVP for this event by March 1, so we know how much food to prepare and how much seating is needed for the World Café: <https://www.surveymonkey.com/s/FJ8TY9P>

**Apr. 11 emma's revolution in concert at UUFC**

**NEWCOMERS AND VISITORS:** Welcome! Please stop at the Greeter Desk in the foyer to sign a Connection Card and obtain information. *If you are interested in joining the UUFC at this time, please stop at the Greeter Desk, or contact the minister, Jill McAllister, at [minister@uucorvallis.org](mailto:minister@uucorvallis.org)*

### **RELIGIOUS EXPLORATION (RE) For Children and Youth:**

Childcare is available for babies and toddlers during the 9:30 and 11:00 AM worship services. Religious Exploration classes are offered for all children pre-school through high school during the Sunday 11:00 AM worship services, finishing at 12:15 p.m. *Newcomers, please register your children at the RE registration table in the foyer.*

**PASTORAL CARE: The Caring Connection** is our shared ministry of congregational care and concern. If you or someone you know needs help in time of illness, crisis, or transition, please contact our minister, or Nancy Lindsey, Caring Connection Chair.

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**UUFC** depends on the contributions of its members and friends for support—thank you for your help! Those wishing to make a donation may do so during the offering, or leave it in the donation box on the wall by the bulletin board in the foyer.

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### **Unitarian Universalist Fellowship of Corvallis**

2945 NW Circle Boulevard, Corvallis, Oregon 97330

541-752-5218, [office@uucorvallis.org](mailto:office@uucorvallis.org), [www.uucorvallis.org](http://www.uucorvallis.org)

Office Hours: M-F 9:30 AM to 1:30 PM

Minister: **Jill K. McAllister**

Director of Life Span Religious Exploration:

**Michael Molk**

Religious Exploration Associate: **Ann Mbacke**

Office Administrator: **Yaney LA MacIver**

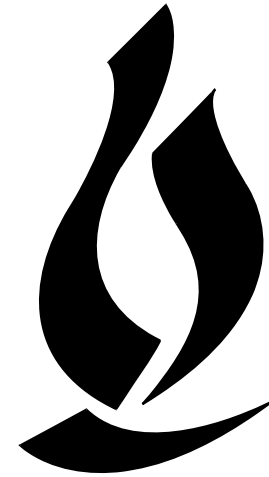
Music Director: **David Servias**

Pianist: **Lauren Servias**

Board of Trustees President: **Kyle Jansson**

Childcare Coordinator: **Barb Holmes**

# Unitarian Universalist Fellowship of Corvallis



February 22, 2015

9:30 and 11:00 a.m.

“Self-Discipline: The Core  
of Chinese Religions”

Jonathan Lipman, Guest Speaker

*The Unitarian Universalist Fellowship of Corvallis is a member  
congregation of the Unitarian Universalist Association.*